

# Planning future fun



We want you to continue to find a variety of activities that you enjoy and make time for them in the future. Below is a schedule for you to fill with fun activities:

**List five things you can do on a daily basis that you enjoy, that don't require lots of planning or money:**

- 1.
- 2.
- 3.
- 4.
- 5.

**List five things you could do once a week that you enjoy but are pretty easy to plan:**

- 1.
- 2.
- 3.
- 4.
- 5.

**List five things you really like that you could do once a month:**

- 1.
- 2.
- 3.
- 4.
- 5.

**List five things that you can plan to do once or twice a year—this can be really special treats to yourself!**

- 1.
- 2.
- 3.
- 4.
- 5.