

Small changes, big differences.

Triple P—The Positive Parenting Program



Triple P is the flexible, practical way to develop skills, strategies and confidence to handle any parenting situation. It's backed by decades of research, and it's already helped more than 4 million children and their parents in 25 countries.

Triple P uses 17 strategies to help parents:

- Raise happy, confident kids
- Manage misbehavior so everyone in the family enjoys life more
- Set rules and routines that everyone respects and follows
- Encourage positive behavior
- Take care of themselves as parents
- Feel confident they're doing the right thing

Positive Parenting Means:

- Using everyday situations and creating opportunities to help children learn and to motivate them to do their best
- Planning ahead to prevent problems
- Using evidence-based ways of managing problem behavior
- Teaching children to manage their behavior and emotions in a constructive and non-damaging way

[Click here to learn more about participating in the Success for Children & Families project](#)