

**Information and Consent for Participation in the  
*Triple P Parenting Media Study*  
For Mothers or Primary Female Caregivers**

We are inviting you to participate in an exciting and important study called the *Triple P Parenting Media Study*. The study is designed to learn more about how a video-based parenting program can be used to help and support parents of young children in dealing with their children's challenging behavior. In addition, we hope to determine whether a TV series is an attractive alternative to clinic- or center-based programs for families. This study is being conducted by Carol W. Metzler, Ph.D., and Julie C. Rusby, Ph.D., of Oregon Research Institute, and Matthew Sanders, Ph.D. at the University of Queensland in Australia, and is funded by the National Institutes of Health. If the Triple P Parenting Media study can discover new and better ways to help children and their parents be successful, it will benefit children and families here, across the country, and around the world.

We want everyone in the study to understand what the study is about. Please read this letter and ask us any questions you may have before agreeing to participate in the study. **If you wish to participate in this study, please read this document, sign the last page, and return the signed page to us. Please retain a copy of the second-to-last page for your records.**

**What You Will Be Asked to Do**

1. Because this is research, if you decide to participate, we will ask you to provide us with information about you, your child, and your family. This information will all be kept completely confidential. Because we appreciate your time and effort, we will pay you for your time participating in the assessments—up to \$260 over the course of the study.
  - a. First, we will ask you and your child to come to Oregon Research Institute for a visit on three different occasions over the next 8 months: now, about three months from now, and again about five months after that. During these visits, we will observe you and your child playing and doing activities together. These activities will be videotaped. This part of the visit is expected to take about an hour. We will pay you \$20 for the first visit (now), \$20 for the second visit in three months, and \$25 for the third visit five months after that.
  - b. At these visits, we will also ask you to fill out a questionnaire that will take about an hour to fill out. The questionnaire asks about your child's behavior, as well as your parenting beliefs and parenting style, stress, and social support. We will ask you to complete the questionnaire now, three months from now and again five months later. You will be paid \$20, \$20 and \$25 for completing the questionnaire on these three occasions. If you have a husband or live with a partner, we will also send him a questionnaire to complete at home on these three occasions, and we will also pay him \$20, \$20, and \$25 for these questionnaires.
  - c. Third, we will ask you to respond to a series of phone interviews. These phone calls will ask about your child's behavior, what you think about that behavior, and how you handled it. Three times during the project (now, three months from now, and five months after that), you will receive three phone interviews over the course of one week, each interview taking approximately 20-30 minutes to complete. These phone interviews will be audiotaped to ensure the accuracy of our information. For the three phone interview series, you will be paid \$20, \$20, and \$25.
2. Since our research involves evaluating a video-based parenting support program, you will be

randomly chosen (by chance) to view the Triple P Parenting Media Series now, or to wait 8 months before viewing it. Either way, you will get to receive the program—some will receive it now and some will receive it in eight months. The Triple P Parenting Media Series is based on the internationally renowned Triple P Positive Parenting Program. It will involve watching a series of 10 brief 12-to-15 minute videos on a variety of parenting topics, focused on how to deal with children's challenging behaviors. If you are selected to receive the video series right away, we will mail you the episodes one at a time over the course of five weeks (2 episodes per week) and ask that you make an effort to watch the videos on your TV at home shortly after you receive them, watching 2 episodes per week. We might ask you to view these episodes as you would any other TV show, or we might ask you to view them with a partner or friend and talk about them afterwards. We will also call you each week to check in with you about whether you have watched the episodes and what you thought of them. If we are unable to reach you by phone for this information, we may attempt to contact you by email.

### **The Risks of Participating, and What We Do to Make Those Risks as Small as Possible**

There are some small risks to participating in the study. We want the people who are in the study to know what those risks are, and what we do to make those risks as small as possible.

1. We will ask you to provide us with information about your child and your family. Some of the information we ask for is personal in nature. You may be concerned about loss of privacy if someone sees it who is not supposed to. We take the following precautions to prevent any unauthorized person from being able to see your information:
  - a. Any information you give us will be kept strictly confidential, even from other members of your own family and friends. All information will be kept in locked files and databases that only authorized project staff can access. We will remove all names from all the information we get (except this consent form). A code number will be assigned to the information you give us, and only authorized staff will have access to the locked file that links your name to your code number. This consent form and anything else with your name on it will be kept in a separate locked place from your data. Any information that identifies you will be destroyed at the end of the project.
  - b. We will not give information to anyone unless you provide a signed release or we have reason to suspect: (a) abuse, neglect, or endangerment of a child or elder; or (b) that anyone is in immediate danger of seriously hurting himself/herself or someone else. We are required to make these reports, with or without your consent, to the appropriate authorities.
  - c. The information that we gather will be used only for scientific or educational purposes to improve programs for parents. Only group summaries will be reported, never individual responses.
2. You may be uncomfortable with some of the questions we ask you or find the assessment procedures stressful. You are free to not answer any question that you do not want to answer. Please let us know if you find the lab activities, questionnaire, or phone interview stressful or distressing.
3. It is possible that you may have a negative experience watching the Triple P Media Parenting Media Series. The program has been carefully designed, however, to provide parents with helpful information and support. If you have a significant negative experience, we would want to know about that and work with you to resolve it. And of course, you are also free to stop participating at

any time. It is also possible that you may be experiencing difficulties that are beyond the ability of the Triple P Parenting Media Series to help you with. In that case, we would work with you to find resources in the community that can help you.

## **Benefits**

There are several potential benefits to participating in the study, which we believe far outweigh the risks. You may find participating in the assessment and program activities fun, interesting, and informative. You may learn valuable parenting information and receive helpful support from the Triple P Parenting Media Series program. This information may help you, your child, and your family be happier and healthier. And finally, your participation will potentially benefit many other families across the country and around the world, by helping us learn more about the challenges faced by parents of young children and how best to support parents in promoting their children's success.

## **Your Right to Withdraw from the Project**

Your participation in the *Triple P Parenting Media Project* is entirely voluntary, and your decision about whether or not to participate will involve no penalty or loss of benefits you might otherwise receive. If you do decide to participate, you can stop participating at any time without penalty. For example, if you drop out part way through the project, you may keep all money you have received up to that time.

If you have questions about the research at any time, or if you have a visual or other impairment and require this material in another format, please call Jason Blair or Carol Metzler at the Oregon Research Institute at 1-800-801-6386 x2223. If you have questions about your rights as a research subject, call the Office for the Protection of Human Subjects, Oregon Research Institute, at (541) 484-2123. To contact Jason Blair or Carol Metzler at the Office for the Protection of Human Subjects by TDD, call 1-800-735-2900. You will be given a copy of this form to keep.

## ***Triple P Parenting Media Study*** **Parent Statement of Informed Consent**

**Your signature below indicates:**

1. that you have read and understand the information provided above,
2. that you willingly agree to participate in the *Parenting Media* study activities,
3. that you understand that your participation is voluntary and that you may withdraw your consent and stop participating at any time without penalty, and
4. that you have received a copy of this consent form to keep.

\_\_\_\_\_  
**Signature of Mother (or primary female caregiver)**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Your child's name (please print)**

**IMPORTANT: Please keep this copy of the signed consent form for your records.**

**IMPORTANT: Please sign and return this copy to your Parenting Media research assistant**

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