# CURRICULUM VITAE DANA K. SMITH, PHD

# WORK ADDRESS

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#### **EDUCATION**

Ph.D. in Counseling Psychology, University of Oregon, Eugene, 2002

Master of Science in Counseling, San Francisco State University, San Francisco, 1997

Bachelor of Arts in English, University of Washington, Seattle, 1993

# RESEARCH, TEACHING, AND OTHER PROFESSIONAL EXPERIENCE

Licensed Psychologist, Private Practice, Eugene, OR, 2013-present

Licensed Psychologist, Center for Family Development, Eugene, OR, 2011-2013

Research Scientist, Oregon Research Institute, Eugene, OR, 2013-present

Research Scientist, ORBIS/Influents Innovations, Eugene, OR, 2013-present

Research Scientist, Oregon Social Learning Center and OSLC Community Programs, Eugene, OR, 2005-2013

Supervising Consultant, TFC Consultants, Inc., Eugene, OR, 2002-2013

Contractor, Department of Youth Services, Douglas County, OR, 2010-2011

Contractor, Department of Youth Services, Lane County, OR, 2009-2010

Clinical Program Supervisor and Research Associate, Oregon Social Learning Center, Eugene, OR, 2002-2005

Individual/Family Therapist and Supervising Case Manager, Oregon Social Learning Center, Eugene, OR, 1997–2002

Psychology Intern, Morrison Center, Portland, OR, 2000–2001

Child/Family Practicum Supervisor, University of Oregon, Graduate Teaching Fellowship, Eugene, OR, 1999-2000

Counseling Consultant, Early Intervention, University of Oregon, Eugene, OR, 1998–1999

Supervisor; Family and Community Services, University of Oregon, Graduate Teaching Fellowship, Eugene, OR, 1997-1998

Counseling Trainee, North San Mateo County Mental Health, Daily City, CA, 1996-1997

School Counseling Trainee, San Bruno Park School District, San Bruno, CA, 1995-1996

Research Assistant, Oregon Social Learning Center, 1993–1995

# **GRANTS AND AWARDS**

# **ACTIVE RESEARCH GRANT SUPPORT**

1R43DA042388 (Smith) NIDA, U.S. PHS

Mindfulness Mobile App to Reduce Adolescent Substance Use

Principal Investigator

Major aims: to develop and test the feasibility of a smart phone application (app) intervention prototype that would help adolescent substance users reduce or quit their substance use. The program, entitled MyMUSE, will apply a mindfulness approach as the guiding framework for the intervention; the program will be evaluated with a high risk group of adolescents that are involved in the juvenile justice system. The proposed program will be the only mobile app specifically for adolescent substance use; there is high level of need for the program both as an adjunct to existing treatments and for use in the juvenile justice system.

1R43DP006495 (Smith) CDC, U.S. PHS

Principal Investigator

A Mobile App Based Cognitive Dissonance Intervention for Smoking Cessation

Major aims: to develop and test the feasibility of a smart phone application (app) intervention prototype that would improve smoking cessation success in adult smokers. The program, entitled CoQuit, will be based on a previously tested cognitive dissonance intervention to reduce smoking among adolescents and young adults. The proposed program will be the only mobile app that targets cognitive dissonance among smokers.

# COMPLETED RESEARCH GRANT SUPPORT

2 R01 DA02857 (Smith)

05/01/2013-06/30/2020

Principal Investigator

NIDA, U.S. PHS

Preventing HIV/STI Risk Behavior in Girls with Delinquency, Drug Abuse & Trauma Major aims: to expand and adapt a family-centered preventive intervention developed and tested with adolescent boys in the juvenile justice system to the needs of adolescent girls. This is a competing continuation aiming to examine the effects of the intervention on a set of short-term outcomes measured at 6- and 12-months post-baseline, and longer-term outcomes measured at 18- and 24-months postbaseline; to examine the mediating effects of the intervention on proximal and longer-term outcomes.

1 R01 DA025857 (Smith)

07/01/2009–12/31/2012

Principal Investigator

NIDA, U.S. PHS

Preventing Drug Abuse & HIV/AIDS in Delinquent Youths: An Integrated Intervention Major aims: to test a family-centered preventive intervention for adolescent boys involved in the juvenile justice system who are at high risk for chronic delinquency, drug abuse, and HIV/AIDS; to examine effects of the intervention on a set of short-term (proximal) outcomes measured at 12 months postbaseline; to examine mediating effects of the intervention on proximal outcomes.

1 R01 DA024672 (Leve)

02/15/2009–12/30/2012

Co-Investigator

NIDA, U.S. PHS

Juvenile Justice Girls: Pathways to Adjustment and System Use in Young Adulthood The major goals of this project are (1) to specify developmental trajectories in at-risk young adult females; (2) to examine the effects of the Multidimensional Treatment Foster Care (MTFC) intervention during adolescence on young adult outcomes; and (3) to examine the cost effectiveness and cost avoidance of the MTFC intervention on young adult outcomes.

1 P30 DA023920 (Reid)

09/15/2008-06/30/2013

Early Career Scientist

NIDA, U.S. PHS

Center for Drug Abuse Prevention in the Child Welfare System

The major goals of this proposal are (1) to integrate, provide training in, and disseminate multidisciplinary scientific knowledge and research methodology related to drug abuse prevention in the Child Welfare System (CWS), and (2) to increase research capacity and provide shared resources in areas that address key gaps in the current CWS scientific knowledge base.

1 K23 MH070684 (Smith)

07/19/2005-06/30/2010

Principal Investigator

NIMH, U.S. PHS.

Treating Youths with PTSD and Conduct Problems

The purpose of this project is to enhance the PI's skills and knowledge in intervention research methodology with the ultimate goal of developing an independent research program. The training goals are to provide specialized instruction and mentoring in (1) conducting clinical trials, (2) developing interventions for the integrated treatment of comorbid PTSD symptoms and conduct problems, (3) advanced statistical training in topics central to intervention research, and (4) training in the ethical conduct of research. Existing assessments and interventions for treating PTSD will be adapted for treating PTSD symptoms in female youths with comorbid conduct problems. The feasibility of the integrated intervention protocol will be tested on a small sample of female youths with comorbid PTSD symptoms and conduct problems, and a small-scale pilot intervention trial will test the protocol. Findings will be used to provide an effect-size estimate for the integrated treatment of comorbid PTSD symptoms and conduct problems in female youths. An R01 application to expand this research to larger, more diverse samples will be submitted.

R01 MH054257 (Leve) NIMH, U.S. PHS 12/1/2003-11/30/2009

Co-Investigator

Preventing Problems for Girls in Foster Care

The major goals of this project were as follows: (1) to develop and implement a multicomponent preventative intervention model for 10-/11-year-old girls beginning in the summer before entry into sixth grade and continuing throughout the school year; (2) to test the effects of early adversity (e.g., parent psychopathology, family transitions, low IQ, sexual/physical abuse, childhood behavioral problems, temperamental difficulty, and early menses) on proximal outcomes (e.g., behavioral problems, placement stability, school achievement, social support, affiliation with prosocial female peers, and relational aggression); (3) to test the effectiveness of the intervention on proximal and longer term outcomes; and (4) to explore the effects of potential mediating variables on the association between group assignment and proximal and longer term outcomes.

Young Women in Transition (Chamberlain) 04/1/20002–3/31/03

Co-Investigator

Andrus Family Foundation, New York

The major goals of this project were as follows: (1) to develop and implement an intervention to assist disadvantaged girls in out-of-home care to transition back to the community; and (2) to test the effects of the intervention on girls' adjustment.

# STUDENT ADVISING/SPONSORSHIP

Committee member, Mary Marsiglio, dissertation in Counseling Psychology, University of Oregon, "Examination of the link between trauma and antisocial behavior for juvenile delinquent girls: The mediating role of parent support," November, 2011

# ORGANIZATIONAL COMMITTEE SERVICE

Scientist Development Committee, 2004-present Board Nominations Committee. 2006

Compensation Committee, 2007-present

## MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

American Psychological Association, 2001-present Society for Prevention Research, 2002-present International Society for Traumatic Stress Studies, 2006-present

## MEMBERSHIP IN COMMUNITY ORGANIZATIONS

Relief Nursery Quality Assurance Board, 2003 Oregon Coalition for Equal Access for Girls, 2004-present

## REVIEWER

*NIH Review Panels* SBIR/STTR, NIMH (2006-2007)

#### **Editorial Board**

Guest Editor Journal of Child and Adolescent Substance Abuse; Special Issue entitled 'Evidence-Based Intervention for Girls: From Prevention to Treatment, 2013

#### Ad hoc Reviewer

Anxiety, Stress and Coping
Child Abuse & Neglect
Child and Adolescent Psychiatry and Mental Health
Child Maltreatment
Child & Youth Care Forum
Journal of Offender Rehabilitation
Journal of Women's Health
Journal of Orthopsychiatry
Prevention Science
Sexual Abuse

# **SELECTED PUBLICATIONS**

- **Smith, D. K.**, & Saldana, L. (2014). Trauma, delinquency, and substance use: Co-occurring problems for adolescent girls in the juvenile justice system. *Journal of Child and Adolescent Substance Abuse*.
- Kim, H. K., Pears, K. C., Leve, L. D., Chamberlain, P. C., & **Smith, D. K.** (2014). Intervention effects on health-risking sexual behavior among foster care girls: The role of placement disruption and substance use. *Journal of Child and Adolescent Substance Abuse*.
- Leve, L. D., Kim, H. K., **Smith, D. K**., & Chamberlain, P. (2014). Female juvenile offenders. In E. L. Grigorienko (Ed.), *Handbook of Forensic Psychology and Psychiatry*. Springer.

Saldana, L., **Smith, D. K.**, & Weber, E. (2014). Adolescent onset of maternal substance abuse: Descriptive findings from a feasibility trial. *Journal of Child and Adolescent Substance Abuse*.

#### 2012

**Smith, D. K.**, Chamberlain, P., & Deblinger, E. (2012). Adapting Multidimensional Treatment Foster Care for the treatment of co-occurring trauma and delinquency in adolescent girls. *Journal of Child and Adolescent Trauma*, 5, 224-238.

# 2011

- **Leve, L. D.**, Chamberlain, P., Smith, D. K., & Harold, G. T. (2011). Chapter 9: Multidimensional Treatment Foster Care as an intervention for juvenile justice girls in out-of-home care. In S. Miller, L. Leve, & P. Kerig (Eds.), *Delinquent girls: Contexts, relationships, and adaptation* (pp. 147–160). New York: Springer Press.
- **Smith, D. K.**, Leve, L. D., & Chamberlain, P. C. (2011). Preventing internalizing and externalizing problems in girls in foster care as they enter middle school: Immediate impact of an intervention. *Prevention Science*, 12, 269–277. PMC3137664

## 2010

- Smith, D. K., & Chamberlain, P. (2010). Multidimensional treatment foster care for adolescents: Processes and outcomes. In J. R. Weisz & A. E. Kazdin (Eds.), Evidence-based psychotherapies for children and adolescents (2nd ed., 243-258). New York: Guilford Press.
- Smith, D. K., Chamberlain, P., & Eddy, J. M. (2010). Preliminary Support for Multidimensional Treatment Foster Care in Reducing Substance Use in Delinquent Boys. *Journal of Child and Adolescent Substance Abuse*, 19, 343–358. PMC: 2953863

### 2008

**Smith, D. K.**, & Fisher, P. A. (2008). The impact of trauma on family systems. In G. Reyes, J. D. Elhai, & J. D & Ford (Eds.). *Encyclopedia of psychological trauma* (277-278). Hoboken, New Jersey: John Wiley & Sons.

#### 2007

**Smith, D. K.**, Johnson, A. B., Pears, K. C., Fisher, P. A., & DeGarmo, D. S. (2007). Child maltreatment and foster care: Unpacking the effects of prenatal and postnatal parental substance use, *Child Maltreatment*, *12*, 150–160.

# 2006

Chamberlain, P., Leve, L. D., & **Smith, D. K.** (2006). Preventing behavior problems and health-risking behaviors in girls in foster care. *International Journal of Behavioral and Consultation Therapy, 4,* 518–530.

**Smith, D. K.**, Leve, L. D., & Chamberlain, P. (2006). Adolescent girls' offending and health-risking sexual behavior: The predictive role of trauma. *Child Maltreatment*, 11, 346–353.

### 2005

Chamberlain, P., & Smith, D. K. (2005). Multidimensional treatment foster care: A community solution for boys and girls referred from juvenile justice. In E. D. Hibbs & P. S. Jensen (Eds.), *Psychological treatment for child and adolescent disorders: Empirically based strategies for clinical practice* (Vol. 2nd edition, pp. 557–573). Washington, DC: APA.

#### 2004

- **Smith, D. K.** (2004). Risk, reinforcement, retention in treatment and reoffending for boys and girls in Multidimensional Treatment Foster Care. *Journal of Emotional and Behavioral Disorders*, 12(1), 38–48.
- **Smith, D. K.**, Sprengelmeyer, P., & Moore, K. J. (2004). Parenting and antisocial behaviour. In M. Hoghughi & N. Long (Eds.), *SAGE handbook of parenting: Theory, research, and practice* (pp. 237–255). London: SAGE.

#### 2003

Chamberlain, P., & Smith, D. K. (2003). Antisocial behavior in children and adolescents: The Oregon multidimensional treatment foster care model. In A. E. Kazdin & J. R. Weisz (Eds.), *Evidence-based psychotherapies for children and adolescents* (pp. 282–300). New York: Guilford Press.

# 2002

**Smith, D. K.** (2002). *Gender differences in behavior change during treatment with chronically delinquent youth* (Doctoral dissertation, University of Oregon, 2002). Ann Arbor, MI: ProQuest Information and Learning Company. (UMI No. 3045095).

# 2001

**Smith, D. K.**, Stormshak, E., Chamberlain, P., & Bridges Whaley, R. (2001). Placement disruptions in treatment foster care. *Journal of Emotional and Behavioral Disorders*, 9, 200–205.

#### SUBMITTED

**Smith, D. K.**, Chamberlain, P., & Price, J. (submitted). KEEP SAFE: Description of a two-pronged approach to preventing problems for adolescents in foster care.

# REPORTS

**Smith, D. K.** (2002). *The Oregon Multidimensional Treatment Foster Care Model.* Center for Substance Use Prevention, SAMHSA.

#### INVITED CONFERENCE/WORKSHOP PRESENTATIONS

**Smith, D. K.,** (April 2012). Trauma, delinquency and substance use: Co-occurring problems for adolescent girls in the juvenile justice system. In L. Saldana (Chair), *Crosswalking Systems: Early Adversity Related to Co-Occurring Symptoms and Implications for Intervention Development.* Symposium conducted at the Joint Meeting on Adolescent Treatment Effectiveness Annual Conference, Washington DC.

#### 2011

**Smith, D. K.** (2011, September). *Treating Girls with Trauma and Delinquency: An Integrated Approach*. Workshop presented at the OJDDA Annual Conference, Canyonville, Oregon.

#### 2007

**Smith, D. K.** (2007, December). *MTFC for delinquent adolescents: Maximizing the benefits* Workshop presented to Marion County Youth Authority, Salem, Oregon.

### 2006

**Smith, D. K.** (2006, August). *Implementing an evidence-based intervention for delinquent youths: Balancing individualized treatment and model fidelity.* Workshop presented to Marion County Youth Authority, Salem, Oregon.

# 2005

- **Smith, D. K.** (2005, March). *Multidimensional Treatment Foster Care (MTFC): An Evidence-Based Intervention for Delinquent Youth and their Families*. Workshop presented at the Ministry of Children and Youth Services, Ontario, Canada.
- **Smith, D. K.** (2005, July). *Multidimensional Treatment Foster Care for delinquent adolescents*. Workshop presented to Marion County Youth Authority, Salem, Oregon.

## 2004

**Smith**, **D. K.** (2004, March). *Treating Girls in the Juvenile Justice System*. Workshop presented at the Oregon Girls Coalition, Portland, Oregon.

#### 2002

**Smith, D. K.** (2002, July). *Multidimensional Treatment Foster Care: An Evidence-Based Intervention for Youths with Delinquency and Behavioral Problems, their Families, and their Communities.* Workshop conducted at the Foster Family-Based Treatment Association's 16<sup>th</sup> Annual Conference, Chicago, Illinois.

- **Smith, D. K.** (2000, November). *Relational Aggression: Theory-Based Treatment with High Risk Adolescent Girls.* Workshop presented at 2000 Summit on Girls, Portland, Oregon.
- Chamberlain, P. & **Smith, D. K.** (2000, June). Multidimensional Treatment Foster Care: Outcomes, Dissemination, and Future Directions. In J. Reid (Chair), *Blueprints for Violence Prevention: From the*

*Family to School and Beyond.* Research to Practice Workshop presented at Society for Prevention Research's 8<sup>th</sup> Annual Meeting, Montreal, Quebec.

## **CONFERENCE PRESENTATIONS**

### 2010

**Smith, D. K.,** (Nov 2010). An Integrated Treatment for Girls with Trauma and Conduct Problems. In P. Kerig (Chair), *New Directions in Interventions for Traumatized Youth in the Juvenile Justice System.* Symposium conducted at the International Society for Traumatic Stress Studies Annual Conference, Montreal, Quebec.

#### 2009

**Smith, D. K.** (November, 2009). An Integrated Treatment for Girls with Trauma and Conduct Problems. In J. Sherrill (Chair), *Interventions for Youth Exposed to Trauma/Abuse: Understanding Change Processes*. Symposium conducted at the Association of Behavioral and Cognitive Therapies Annual Conference, New York, New York.

#### 2003

Smith, D. K. (2003, April). Gender Differences in Treatment: Processes and Outcomes for Delinquent Adolescents in Treatment Foster Care. In P. Chamberlain (Chair), Characteristics and Outcomes of a Treatment Foster Care Intervention for Delinquent Boys and Girls. Symposium conducted at the Society for Research on Child Development's Annual Conference, Tampa, Florida.

#### 2002

**Smith, D. K.** (2002, February). Gender and the Treatment of Delinquency. In C. Gabriel (Chair), *Treating Offenders with Special Needs*. Symposium conducted at the Western Society of Criminology's 29<sup>th</sup> Annual Conference, San Diego, California.

- **Smith, D. K.** (2001, August). Treating Chronically Delinquent Adolescent Females with MTFC. In P. Chamberlain & P. Sprengelmeyer (Chairs), *Applications of the Oregon Model to Populations of Difficult Youth.* Symposium conducted at the American Psychological Association's 109<sup>th</sup> Annual Convention, San Francisco, California.
- **Smith, D. K.** (2001, July). *Dissemination and Replication of MTFC: An Interplay Between Research and Practice*. Workshop presented at the Foster Family-Based Treatment Association's 15<sup>th</sup> Annual Conference, Atlanta, Georgia.
- **Smith, D. K.** (2001, July). Gender Differences in the Treatment of Chronically Delinquent Adolescents. In *TFC-Related Research Works in Progress*. Symposium conducted at the Foster Family-Based Treatment Association's 15<sup>th</sup> Annual Conference, Atlanta, Georgia.
- **Smith, D. K.** (2001, July). The Oregon Model. In B. Thomlison (Chair), *Evidence-Based Practice* and its Applications in Treatment Foster Care. Symposium conducted at the Foster Family-Based Treatment Association's 15<sup>th</sup> Annual Conference, Atlanta, Georgia.
- Moore, K. J., & **Smith, D. K.** (2001, April). Profiling and Treating Female Delinquency: The Oregon Model. In D. Conger (Chair), *Studies in the Development of Delinquency: The Role of Maltreatment*,

*Gender, and Foster Care.* Symposium conducted at the Society for Research on Child Development's Annual Conference, Minneapolis, Minnesota.

**Smith, D. K.** (2001, February). Gender Differences in the Treatment of Chronically Delinquent Adolescents: The Oregon Model. In B. Bloom (Chair), *Delinquent Girls: Research, Policy, and Practice*. Symposium conducted at the Western Society of Criminology's 28<sup>th</sup> Annual Conference, Portland, Oregon.

## 2000

**Smith, D. K.** (2000, March). Placement Disruptions in Multidimensional Treatment Foster Care. In P. Chamberlain (Chair), *The Oregon Multidimensional Treatment Foster Care Model: Applications and Outcomes*. Symposium conducted at the Research and Training Center for Children's Mental Health's 13th Annual Research Conference, Clearwater Beach, Florida.

Updated: November 2021