

## **Margot Bastin, Ph.D.**

°December 26, 1989, Leuven, Belgium

Oregon Research Institute, 3800 Sports Way, Springfield, OR 97477

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### **Academic Degrees**

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| 2018 | <b>Ph.D. in Psychology</b><br>KU Leuven, Belgium  |
| 2012 | <b>Master of Science in Psychology</b><br>KU Leuven, Belgium - Clinical and Health Psychology <ul style="list-style-type: none"><li>○ Magna cum laude</li></ul> |
| 2010 | <b>Bachelor of Science in Psychology</b><br>KU Leuven, Belgium <ul style="list-style-type: none"><li>○ Magna cum laude</li></ul>                                |

### **Work Experience**

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#### **Research**

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| 2021-present | <b>Associate Scientist</b><br>Oregon Research Institute, OR, USA   |
| 2018-2021    | <b>Postdoctoral Fellow</b><br>School Psychology and Development in Context<br>Psychology and Educational Sciences, KU Leuven, Belgium                    |
| 2012-2018    | <b>Ph.D. Student</b><br>School Psychology and Development in Context<br>Psychology and Educational Sciences, KU Leuven, Belgium                          |
| 2010-2012    | <b>Graduate Student</b><br>Centre for Psychology of Learning and Experimental Psychopathology<br>Psychology and Educational Sciences, KU Leuven, Belgium |

#### **Teaching**

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| 2018-2020 | <b>Developmental Psychopathology (English course) – Master level</b><br>Lecturer (formal responsibility for the entire course)   |
| 2015-2018 | <b>Statistics for Psychologists, Part 3 (SPSS) – Bachelor level</b><br>Teaching Assistance for Practical Sessions and Oral Exams   |
| 2018      | <b>Psychopathology and Psychiatry - Bachelor level</b><br><b>Developmental Psychopathology - Master level</b><br><b>Special Education Juvenile Law</b><br>Guest lecturer |

#### **Clinical Work**

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| 2011-2012 | <b>Internship – Diagnostics and Therapy</b><br>Psychiatric Department of Medical Hospital, Belgium – Group Therapy, Adults <ul style="list-style-type: none"><li>○ Magna cum laude</li></ul> |
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### **Research Grants**

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| 2023-2025 | <b>1R21MH135422-01</b> – National Institute of Mental Health (NIMH). Role PI<br>Communication and Emotional Well-Being in Adolescent Best Friend Dyads:<br>An Experience Sampling Method Study                      |
| 2023-2025 | <b>1R44MH123278-01 (MPI: Smith, D.R., &amp; Feil, E.G.)</b> – NIH. Role Co-I<br>Mom-Net: Development of a Coach-Training Program for an Empirically<br>Supported, Guided ehealth Intervention for Depressed Mothers |

2018-2021	<b>Postdoctoral Project</b> - Research Foundation - Flanders (FWO) What drives depression contagion in adolescent best friends? An examination of the role of interpersonal response styles in an online and offline context
2014-2018	<b>Ph.D.</b> - Research Foundation-Flanders (FWO) Unraveling co-rumination: Extensive discussion of problems may have a negative impact on adolescent emotional adjustment
<b>Travel Grant</b>	<b>Participation Conference Abroad</b> - Research Foundation - Flanders (FWO)
2020	SRA, San Diego, CA, USA
2019	ISRCAP, Los Angeles, CA, USA
2017	SRCD, Austin, TX, USA
2015	ISRCAP, Portland, OR, USA
2014	EARA, Izmir, Turkey
2016	<b>Long Stay Abroad</b> - Research Foundation - Flanders (FWO) UConn, Storrs, CT, USA
<b>Summer School</b>	<b>EARA/SRA Summer School</b> - Jacobs Foundation
2014	Utrecht, The Netherlands

## International Research Stays

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2019	<b>University of Illinois at Urbana-Champaign</b> , IL -1 month- collaboration Benjamin L. Hankin
2016	<b>University of Connecticut</b> , CT -1 month- collaboration Rhiannon Smith
2015	<b>Seattle Pacific University</b> , WA -3 weeks- collaboration Amy H. Mezulis
2013	<b>Ohio State University</b> , OH -3 weeks- collaboration Michael W. Vasey
2013	<b>Seattle Pacific University</b> , WA -3 weeks- collaboration Amy H. Mezulis

## Awards

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2 <sup>nd</sup> place Flemish PhD cup	Competition with intensive training weekends to improve communication towards a broad audience and to help make research visible
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## Skills and Expertise

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<b>Languages</b>		<b>Software</b>	
<b>Dutch</b>	native	<b>SPSS</b>	very good
<b>English</b>	full professional proficiency	<b>MPlus</b>	good
<b>French</b>	basic	<b>HLM</b>	good
		<b>R</b>	basic
<b>Statistics</b>	Multilevel Modeling Structural Equation Modeling		
<b>Expertise</b>	Internalizing problems; Cognitive vulnerability; Emotion regulation; Contagion; Vulnerability-stress; Friendships; Social relationships; (online) Communication; Adolescence; Gender; Prevention and intervention programs		
	depressive symptoms; co-rumination; rumination; co-dampening; dampening; co-enhancing; enhancing; repetitive negative thinking; stressors - uplifts; friendship quality; empathetic distress – joy + experience with non-suicidal self-injury; temperament; attachment; social networking sites; parental responses		

## Professional Roles

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<b>Ph.D. Committee Member</b>	
2022	Caudle, H., Seattle Pacific University, WA, USA Internal and external contributions to the development of emotion regulation strategies to positive affect in adolescents

2019	Muscarella, C., Vrije Universiteit Brussel, Belgium Understanding the variability in the recruitment dynamics of cognitive control in rumination and insomnia
<b>Master theses</b>	
<b>Supervisor</b>	Neefs, A. (2021). Effortful control as a moderator in the association between co-rumination and depressive symptoms. Lenaerts, L. (2020). Online communication and internalizing symptoms in adolescence: Gender as a moderator. Maes, A. (2020). The role of empathetic distress in the association between co-rumination and depressive symptoms.
<b>Co-Supervisor</b>	De Vos, A. (2023). Co-dampening and co-enhancing predicting depressive symptoms and friendship quality: Examining the role of empathetic joy Figys, L. (2023) Stress, coping, and wellbeing in adolescents during the Covid-19 crisis: studying sex, RNT, and co-rumination as moderators Vanhelmont, B. (2023). Co-dampening and co-enhancing as predictors of depressive symptoms in adolescents: the moderating role of friendship quality Soons, K. (2020). Does co-brooding moderate the relationship between depressive symptoms and nonsuicidal self-injury? Lasuen, T. (2020). Co-brooding and depressive symptoms: Examining the role of empathetic distress. Cheung, K. (2019). Interpersonal responses to positive affect on social network sites: Associations with depressive symptoms. Beyens, E. (2019) The association between online communication on Facebook and depressive symptoms. Verhulst, L. (2019). Are parental responses to positive affect predictors of depressive symptoms? Pede, T. (2019). Repetitive negative thinking, loneliness, and closeness as predictors of depressive symptoms in adolescence.
<b>Ad Hoc Reviewer</b>	Journal of Abnormal Child Psychology Journal of Clinical Child and Adolescent Psychology Emotion Clinical Psychology & Psychotherapy Cognition and Emotion Journal of Early Adolescence Scientific Reports Frontiers in Psychiatry Journal of Applied Developmental Psychology Journal of Affective Disorders Journal of Adolescent Health
<b>Council Membership</b>	
2019- 2021	representative of doctoral and postdoctoral researchers in main board
2019- 2021	representative of the academic staff (AAP-BAP-OP1-OP2)) of the Council of the Faculty of Psychology and Educational Sciences
2016- 2021	member of the Doctoral Committee of the Faculty of Psychology and Educational Sciences
2016- 2020	member of the EC Master of Psychology: Theory and Research
2015- 2020	member of the PEC Master Psychology
2012- 2019	member of the PEC Bachelor Psychology
<b>Society Membership</b>	
2018-2023	Society for Research in Adolescence
2018-2021	Belgian Association for Psychological Sciences
2017-2019	Society for Research in Child Development

## Peer-Reviewed Publications

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- De Raeymaeker, K., **Bastin, M.**, Baetens, I., Bijttebier, P., & Van Heel (2025). Offline and Online Interpersonal Emotion Regulation in Adolescence: Bidirectional Associations or Not? *Cognitive Therapy and Research*.
- Geukens, F., Spithoven, A., **Bastin, M.**, Vanhalst, J. & Maes, M. (2022). Lonely in Different Relationships: Bidirectional Effects between Parent- and Peer-Related Loneliness in Adolescence. *International Journal of Environmental Research And Public Health*, 19 (12), Art.No. 7014, 1-10. doi: 10.3390/ijerph19127014
- Bastin, M.**, Mezulis, A. H., Aldrich, J. A., Bosmans, G., Nelis, S., Raes, F., & Bijttebier, P. (2021). Problem talk in adolescence: Temperament and attachment as predictors of co-rumination trajectories in boys and girls. *Brain Sciences – Special Issue*.
- Bastin, M.**, Luyckx, K., Raes, F., & Bijttebier, P. (2021). Co-rumination and depressive symptoms in adolescence: Prospective associations and the mediating role of brooding rumination. *Journal of Youth and Adolescence*, 50, 1003-1016. <https://doi.org/10.1007/s10964-021-01412-4>
- Eggermont, K., **Bastin, M.**, Luyckx, K., & Claes, L. (2021). Do gender and age moderate the relationship between friendship quality and non-suicidal self-injury in community children and adolescents? *Psychologica Belgica*.
- Verhees, M., Finet, C., Vandesande, S., **Bastin, M.**, Bijttebier, P., Bodner, N., Van Aswegen, T., Van de Walle, M., & Bosmans, G. (2021). Attachment and the development of depressive symptoms in adolescence: The role of regulating positive and negative affect. *Journal of Youth and Adolescence*. <https://doi.org/10.1007/s10964-021-01426-y>
- Raes, F., **Bastin, M.\* (joint first author)**, Goossens, L., Belmans, E., Pede, T., & Vanhalst, J. (2020). Repetitive negative thinking outperforms loneliness and lack of social connectedness as a predictor of prospective depressive symptoms in adolescents. *Scandinavian Journal of Child and Adolescent Psychiatry and Psychology*, 8, 149-156. <https://doi.org/10.21307/sjcapp-2020-015> \* joint first author.
- Danneel, S., Geukens, F., Maes, M., **Bastin, M.**, Bijttebier, P., Colpin, H., Verschueren, K., & Goossens, L. (2020). Loneliness, social anxiety symptoms, and depressive symptoms in adolescence: longitudinal distinctiveness and correlated change, *Journal of Youth and Adolescence*, 49(11), 2246-2264. <https://doi.org/10.1007/s10964-020-01315-w>.
- Bröhl, A., Van Leeuwen, K., Pluess, M., De Fruyt, F., **Bastin, M.**, Weyn, S., Goossens, L., & Bijttebier, P. (2020). First look at the five-factor model personality facet associations with sensory processing sensitivity. *Current Psychology*. <https://doi.org/10.1007/s12144-020-00998-5>.
- Belmans, E., **Bastin, M.**, Raes, F., & Bijttebier, P. (2019). Temporal associations between social anxiety and depressive symptoms and the role of interpersonal stress in adolescents. *Depression and Anxiety*, 36(10), 960-967. <https://doi.org/10.1002/da.22939>
- Nelis S., **Bastin M.**, Raes F., Bijttebier P. (2019). How do my parents react when I feel happy? Longitudinal associations with adolescent depressive symptoms, anhedonia, and positive affect regulation. *Social Development*, 28(5), 255-273. <https://doi.org/10.1111/sode.12318>.
- Frison, E., **Bastin, M.**, Bijttebier P., & Eggermont, S. (2019). Helpful or harmful? The different relationships between private facebook interactions and adolescents' depressive symptoms. *Media Psychology*, 22(2), 244-272. <https://doi.org/10.1080/15213269.2018.1429933>
- Danneel S., Nelemans S., Spithoven A., **Bastin M.**, Bijttebier P., Colpin H., Van Den Noortgate W., Van Leeuwen K., Verschueren K., Goossens L. (2019). Internalizing problems in adolescence: Linking loneliness, social anxiety symptoms, and depressive symptoms over time. *Journal of Abnormal Child Psychology*, 47(10), 1691-1705. <https://doi.org/10.1007/s10802-019-00539-0>.
- Weyn, S., Van Leeuwen, K., Pluess, M., Lionetti, F., Greven, C. U., Goossens, L., Colpin, H., Van den Noortgate, W., Verschueren, K., **Bastin, M.**, Van Hoof, E., De Fruyt, F., & Bijttebier, P. (2019). Psychometric properties of the Highly Sensitive Child scale across developmental stage, gender, and country. *Current Psychology*. <https://doi.org/10.1007/s12144-019-00254-5>
- Danneel S., Bijttebier P., **Bastin M.**, Colpin H., Van Den Noortgate W., Van Leeuwen K., Verschueren K., & Goossens L. (2019). Loneliness, social anxiety, and depressive symptoms in adolescence: Examining their distinctiveness through factor analysis. *Journal of Child and Family Studies*, 28(5), 1326-1336. <https://doi.org/10.1007/s10826-019-01354-3>.
- Bastin, M.**, Nelis\*, S., Raes, F., Vasey, M. W., & Bijttebier, P. (2018). Party pooper or life of the party: Dampening and enhancing of positive affect in a peer context. *Journal of Abnormal Child Psychology*, 46, 399-414. \* joint first author. doi:10.1007/s10802-017-0296-3
- Bastin, M.**, Vanhalst, J., Raes, F., & Bijttebier, P. (2018). Co-brooding and co-reflection as differential predictors of depressive symptoms and friendship quality in adolescents: Investigating the

- moderating role of gender. *Journal of Youth and Adolescence*, 47, 1037-1051. <https://doi.org/10.1007/s10964-017-0746-9>
- Bijttebier, P., **Bastin\***, M. (joint first author), Nelis, S., Weyn, S., Luyckx, K., Vasey, M. W., & Raes, F. (2018). Temperament, repetitive negative thinking, and depressive symptoms in early adolescence: A prospective study. *Journal of Psychopathology and Behavioral Assessment*, 40, 305-317. \* joint first author. <https://doi.org/10.1007/s10862-017-9624-8>
- Spithoven, A., **Bastin, M.**, Bijttebier, P., & Goossens, L. (2018). Lonely adolescents and their best friend: An examination of loneliness and friendship quality in best friendship dyads. *Journal of Child and Family Studies*, 27(11), 3598–3605. <https://doi.org/10.1007/s10826-018-1183-4>.
- Nelis, S., **Bastin, M.**, Raes, F., & Bijttebier, P. (2018). When do good things lift you up? Dampening, enhancing, and uplifts in relation to depressive and anhedonic symptoms in early adolescence. *Journal of Youth and Adolescence*, 47(8), 1712-1730. <https://doi.org/10.1007/s10964-018-0880-z>
- Spithoven, A., Lodder, G., Goossens, L., Bijttebier, P., **Bastin, M.**, Verhagen, M., & Scholte, R. (2017). Adolescents' loneliness and depression associated with friendship experiences and well-being: A person-centered approach. *Journal of Youth and Adolescence*, 46, 429-441. <https://doi.org/10.1007/s10964-016-0478-2>
- Nelis, S., **Bastin, M.**, Raes, F., Mezulis, A., & Bijttebier, P. (2016). Trait affectivity and response styles to positive affect: Negative affectivity relates to dampening and positive affectivity relates to enhancing. *Personality and Individual Differences*, 96, 148-154. <https://doi.org/10.1016/j.paid.2016.02.087>
- Nelis, S., Luyckx, K., Feldman, G., **Bastin, M.**, Raes, F., & Bijttebier, P. (2016). Assessing response styles to positive affect: One or two dimensions of positive rumination in the Responses to Positive Affect questionnaire?. *Personality and Individual Differences*, 89, 40-46. <https://doi.org/10.1016/j.paid.2015.09.031>
- Bastin, M.**, Mezulis, A. H., Ahles, J., Raes, F., & Bijttebier, P. (2015). Moderating effects of brooding and co-rumination on the relationship between stress and depressive symptoms in early adolescence: A multi-wave study. *Journal of Abnormal Child Psychology*, 43, 607-618. <https://doi.org/10.1007/s10802-014-9912-7>
- Bijttebier, P., Raes, F., Vasey, M. W. **Bastin, M.**, & Ehring, T. W. (2015). Assessment of Repetitive Negative Thinking in Children: the Perseverative Thinking Questionnaire – Child version (PTQ-C). *Journal of Psychopathology and Behavioral Assessment*, 37, 164-170. <https://doi.org/10.1007/s10862-014-9446-x>
- Bastin, M.**, Bijttebier, P., Raes, F., & Vasey, M.W. (2014). Brooding and reflection in an interpersonal context. *Personality and Individual Differences*, 63, 100-105. doi:10.1016/j.paid.2014.01.062
- Bastin, M.**, Bijttebier, P., & Raes, F. (2013). Met anderen praten over je negatieve gevoelens is niet altijd een goede zaak: Literatuurstudie over de adaptieve en maladaptieve gevolgen van coruminatie. *Tijdschrift voor Orthopedagogiek, Kinderpsychiatrie en Klinische Kinderpsychologie*, 38, 151-160.

## PhD Thesis

**Doctoral Thesis: Bastin, M.**, Bijttebier, P. (sup), Raes, F. (co-sup) (2018). *When talking about experiences turns out badly: Co-rumination in adolescent best friend dyads*

## Conference Presentations

- Davis, B., Guinness, K., **Bastin, M.**, Palmer, E. (2025, May). Balancing Implementation and Effectiveness within a Hybrid Type 2 Design: Lessons Learned from Community Dissemination of an Effective Depression Intervention. Presented at the Society for Prevention Research Annual Meeting, Seattle, WA, USA.
- Bastin, M.**, Davis, B., & Feil, E. (2024, December). Implementing Mom-Net in low-income mothers and unraveling adolescent affect contagion using Experience Sampling Methodology. Presented at the 12th International Meeting of the Scientific Research Network: A Multiple Levels of Analysis Approach to Typical and Atypical Development, Leuven, Belgium.
- Bastin, M.**, Feil, E., Seeley, J., & Davis, B. (2024, June). Enhancing the capacity and local autonomy of Head Start agencies for addressing maternal depression. Presented at First 1000 Days! Early Head Start Conference, San Diego, USA.
- Bastin, M.**, Davis, B., & Feil, E. (2024, April). Integrating research and practice to improve maternal depression in Head Start. Data and Research Luncheon at the Annual Head Start Meeting, Portland, USA.

- Bastin, M.**, Feil, E., Diercks, C., & Davis, B. (2024, March). Mom-Net: Dissemination of an effective online depression intervention within Head Start agencies. Presented at the Annual Conference Head Start Parent and Family Engagement, Long Beach, USA.
- De Raeymaecker, K., **Bastin, M.**, Bijttebier, P., & Van Heel, M. (2023, December). Offline and online Interpersonal emotion regulation in adolescence: Bidirectional associations or not? Presented at the 11th International Meeting of the Scientific Research Network: A Multiple Levels of Analysis Approach to Typical and Atypical Development, Leuven, Belgium.
- Bastin, M.**, Diercks, C. (2023, November). Mom-Net: Dissemination and scalability in Head Start settings. Presented at the Head Start California Health Institute Conference, Sonoma Wine Country, CA, USA.
- Bastin, M.**, Griffith, J., Nelis, S., Hankin, B. (2020, March). Depressive and anhedonic symptom trajectories in adolescence: Associations with daily events, dampening, and rumination. In **M. Bastin** (Chair), Depression and Social Anxiety in Youth: The Interplay Between Individual and Contextual Factors. Symposium conducted at the Biennial Scientific meeting of the Society for Research on Adolescence (SRA), San Diego (CA), USA. Cancelled due to COVID.
- Danneel, S., Maes, M., **Bastin, M.**, Bijttebier, P., Colpin, H., Verschueren, K., Goossens, L. (2019, September). Co-development of internalizing problems in adolescence: Combined growth patterns of loneliness, social anxiety symptoms, and depressive symptoms. Presented at the European Conference on Developmental Psychology, Athens, Greece.
- Bastin M.**, Luyckx K., Raes F., Bijttebier P. (2019, June). Disentangling associations between co-rumination, rumination, and depressive symptoms in adolescence. Poster presented at the 19th Biennial Scientific Meeting of the International Society for Research in Child and Adolescent Psychopathology, Los Angeles, USA.
- Bijttebier, P., Weyn, S., De Fruyt, F., **Bastin, M.**, Pluess, M. (2019, March). Five-factor model based profile of environmental sensitivity: A blend of personality facets across domains. In M. Pluess (Chair), Investigating differential susceptibility across childhood with self- and observed-rated measures of environmental sensitivity. Symposium conducted at the 2019 Biennial Meeting of the Society for Research on Child Development, Baltimore (MD), USA.
- Danneel, S., Bijttebier, P., **Bastin, M.**, Claes, S., Colpin, H., Van den Noortgate, W., Van Leeuwen, K., Verschueren, K., & Goossens, L. (2019, March). Loneliness, social anxiety, and depression in adolescence: three distinct constructs or just a single one? Poster at the 2019 Biennial Meeting of the Society for Research on Child Development. Baltimore (MD), USA.
- Bastin M.**, Raes F., Bijttebier P. (2018, December). When talking about experiences turns out badly: Co-rumination in adolescent best friend dyads. Presented at the 7th International Meeting Of The Scientific Research Network, Leuven, Belgium.
- Danneel S., Nelemans S., Spithoven A., **Bastin M.**, Bijttebier P., Colpin H., ... Goossens L. (2018, September). Loneliness, social anxiety symptoms, and depressive symptoms in adolescence: Cross-lagged analyses in three samples. Presented at the European Association for Research on Adolescence Conference, Ghent, Belgium.
- Danneel S., Nelemans S., Spithoven A., **Bastin M.**, Bijttebier P., Colpin H., ... Goossens L. (2018, July). Developmental Interplay Among Internalizing Problems in Adolescence: Linking Loneliness, Social Anxiety, and Depressive Symptoms. Presented at the 25th Biennial Meeting of the International Society for the Study of Behavioural Development, Gold Coast, Queensland, Australia.
- Danneel S., Nelemans S., Spithoven A., **Bastin M.**, Bijttebier P., Colpin H., Van Den Noortgate W., Van Leeuwen K., Verschueren K., Goossens L. (2018, July). The developmental interplay among loneliness, social anxiety symptoms, and depressive symptoms across adolescence. Presented at the Vereniging Nederlandse Ontwikkelingspsychologie (VNOP), Wageningen, the Netherlands.
- Weyn S., Van Leeuwen K., Pluess M., Lionetti F., Greven C., Goossens L., ..., **Bastin, M.**, ..., Bijttebier P. (2018, July). The Highly Sensitive Child scale: A first direct measure of Environmental Sensitivity in children and adolescents. Presented at the 25th Biennial Meeting of the International Society for the Study of Behavioural Development, Gold Coast, Australia.
- Belmans, E., **Bastin, M.**, Raes, F., & Bijttebier, P. (2018, May). Temporal associations between social anxiety and depressive symptoms and the role of interpersonal stress. Belgian Association for Psychological Sciences. Ghent, Belgium.
- Weyn, S., Van Leeuwen, K., Pluess, M., Lionetti, F., Greven, C., Goossens, ... Bijttebier, P. (2017, December). The psychometric properties of the Highly Sensitive Child scale. Symposium conducted at the 6th International Meeting of the Scientific Research Network "Temperamental and Cognitive Vulnerability to the Dysregulation of Affect and Behavior". Leuven, Belgium.



- Spithoven, A., Maes, M., **Bastin, M.**, Danneel, S., Vanhalst, J., Bijttebier, P., & Goossens, L. (2017, August). The vicious cycle of loneliness: Peer- and parent-related loneliness examined over time. European Conference on Developmental Psychology. Utrecht, The Netherlands.
- Spithoven, A., **Bastin, M.**, Bijttebier, P., & Goossens, L. (2017, August). Loneliness and friendship quality in adolescent friendship dyads. European Conference on Developmental Psychology. Utrecht, The Netherlands.
- Bastin, M.**, Nelis, S., Raes, F., Vasey, M., & Bijttebier, P. (2017, June). Party pooper or life of the party? Co-dampening and co-enhancing in friendships. Poster at the 18th Biennial Scientific meeting of the International Society for Research in Child and Adolescent Psychopathology, Amsterdam, Netherlands.
- Nelis, S., **Bastin, M.**, Raes, F., & Bijttebier, P. (2017, June). Parental responses to adolescents' positive affect: Associations with symptoms and affect regulation. Poster at the 18th Biennial Scientific meeting of the International Society for Research in Child and Adolescent Psychopathology, Amsterdam, the Netherlands.
- Bastin, M.**, Mezulis, A., Aldrich, J., Bosmans, G., Nelis, S., Raes, F., & Bijttebier, P. (2017, April). Problem talk in adolescence: Investigating temperament and attachment as predictors of co-rumination trajectories. In **M. Bastin** (Chair), Co-Rumination in Adolescence: Cross-Cultural Differences and Intra-and Interpersonal Correlates. Symposium conducted at the Biennial Meeting Society for Research in Child Development. Austin (TX), USA.
- Spithoven, A., Maes, M., **Bastin, M.**, Danneel, S., Vanhalst, J., Bijttebier, P., & Goossens, L. (2017, April). Loneliness experienced in different contexts: Bidirectional relationships between peer-related and parent-related loneliness. Poster at the Biennial Meeting of Society for Research in Child Development. Austin (TX), USA.
- Bastin, M.**, Luyckx, K., Raes, F., Nelis, S., & Bijttebier, P. (2016, December). An investigation of the relationships between co-rumination, rumination, and depressive symptoms in adolescence. Symposium conducted at the 5th International Meeting of the FWO Scientific Research Network: Temperamental and Cognitive Vulnerability to the Disregulation of Affect and Behavior. Leuven, Belgium.
- Nelis, S., **Bastin, M.**, Raes, F., Vasey, M. W., & Bijttebier, P. (2016, December). What do we do when feeling happy? Co-dampening and co-enhancing within friendships. Symposium conducted at the 5th International Meeting of the FWO Scientific Research Network: Temperamental and Cognitive Vulnerability to the Disregulation of Affect and Behavior. Leuven, Belgium.
- Bastin, M.**, Nelis, S., Vanhalst, J., Vasey, M., Raes, F., & Bijttebier, P. (2016, October). Co-brooding and co-reflection as differential predictors of depressive symptoms and friendship quality in adolescents: Investigating the moderating role of gender. Poster at the 7th Gender Development Research Conference. San Francisco (CA), USA, 27-28 October 2016.
- Spithoven, A., Lodder, G., Goossens, L., Bijttebier, P., **Bastin, M.**, Verhagen, M., & Scholte, R. (2016, July). Adolescents' Loneliness and Depression and Their Associations With Friendship Experiences and Well-Being: A Person-Centered Approach. Poster at the International Society for the Study of Behavioural Development (ISSBD). Vilnius, Lithuania.
- Bastin, M.**, Luyckx, K., Raes, F., Nelis, S., & Bijttebier, P. (2016, March). Co-Rumination and depressive symptoms in adolescence: The intervening role of rumination. In R. Schwartz-Mette (Chair), Impacts of positive and negative emotional adjustment on friendship experiences: moderators and mediators. Symposium conducted at the 16th Biennial Meeting of the Society for Research on Adolescence. Baltimore, MD.
- Frison, E., **Bastin, M.**, Bijttebier, P., & Eggermont, S. (2016, March). Private Facebook use and adolescents' depressive symptoms: The role of online social support and online co-rumination. Presentation at the 16th Biennial Meeting of the Society for Research on Adolescence. Baltimore, MD.
- Nelis, S., **Bastin, M.**, Raes, F., & Bijttebier, P. (2016, March). Do parental responses to positive affect relate to adolescents' depressive symptoms through regulation of positive affect?. In S. Nelis (Chair), Parental responses to adolescents' positive affect: Are they related to adolescents' depressive symptoms and what are predictors?. Symposium conducted at the 16th Biennial Meeting of the Society for Research on Adolescence. Baltimore, MD.
- Bastin, M.**, Mezulis, A. H., Aldrich, J., Bosmans, G., Nelis, S., Raes, F., & Bijttebier, P. (2015, December). Temperament and attachment as predictors of co-rumination trajectories in adolescence. Symposium conducted at the 4th International meeting of the FWO scientific research network: Temperamental and Cognitive Vulnerability to the Disregulation of Affect and Behavior. Leuven, Belgium.

- Spithoven, A., Lodder, G., Goossens, L., Bijttebier, P., **Bastin, M.**, Verhagen, M., & Scholte, R. (2015, December). Adolescents' Loneliness and Depression Associated with Well-Being: A Person-Centered Approach. Symposium conducted at the 4th International Meeting of the Research Community. Leuven, Belgium.
- Spithoven, A., Lodder, G., Goossens, L., Bijttebier, P., **Bastin, M.**, Verhagen, M., & Scholte, R. (2015, November). Adolescents' Loneliness and Depression Associated with Friendship Experiences: A Person-Centered Approach. In E. Möller, Symposium 2.1. VNOP-ISED-CAS Research Days. Leiden, the Netherlands.
- Bijttebier, P., **Bastin, M.**, Van Hoof, E., De Fruyt, F., Pluess, M., & Goossens, L. (2015, September). Construct and criterion validity of the High Sensitive Child scale – Short Form (HSC-SF) in a Dutch-speaking sample. European Conference of Developmental Psychology. Braga, Portugal.
- Bastin, M.**, Vanhalst, J., Vasey, M. W., Nelis, S., Raes, F., & Bijttebier, P. (2015, July). Co-rumination as a double-edged sword. Poster at the 17th scientific meeting of the International Society for Research in Child and Adolescent Psychopathology, Portland, USA.
- Vasey, M. W., Bijttebier, P., **Bastin, M.**, & Nelis, S. (2015, July). Autonomic arousal symptoms in generalized anxiety: The moderating role of EC. Poster at the 17th scientific meeting of the International Society for Research in Child and Adolescent Psychopathology, Portland, USA.
- Bijttebier, P., **Bastin, M.**, Nelis, S., Goossens, L., Vasey, M. W., Raes, F., & Luyckx, K. (2015, July). Temperament, response styles to negative and positive affect and depressive symptoms in adolescence. Poster at the 17th scientific meeting of the International Society for Research in Child and Adolescent Psychopathology, Portland, USA.
- Nelis, S., **Bastin, M.**, Vasey, M. W., Raes, F., & Bijttebier, P. (2015, July). Cognitive response styles to positive affect and depressive symptoms: a prospective study. Poster at the 17th scientific meeting of the International Society for Research in Child and Adolescent Psychopathology, Portland, USA.
- Bastin, M.**, Vanhalst, J., Vasey, M. W., Nelis, S., Raes, F., & Bijttebier, P. (2014, December). Co-rumination as a double-edged sword: Co-brooding and co-reflection as predictors of depressive symptoms and friendship quality. Symposium conducted at the 3rd International meeting of the FWO scientific research network: Temperamental and Cognitive Vulnerability to the Disregulation of Affect and Behavior. Leuven, Belgium.
- Nelis, S., **Bastin, M.**, Vasey, M., Raes, F., & Bijttebier, P. (2014, December). When even a full glass looks half empty: Dampening of positive affect and depressive symptomatology. Symposium conducted at the 3rd International meeting of the FWO scientific research network: Temperamental and Cognitive Vulnerability to the Disregulation of Affect and Behavior. Leuven, Belgium.
- Bastin, M.**, Mezulis, A. H., Ahles, J., Raes, F., & Bijttebier, P. (2014, September). Brooding and co-rumination as moderators of the relationship between stress and depressive symptom trajectories. In E. van Roekel (Chair), Perceived and actual interpersonal problems in relation to internalizing behavior. Symposium conducted at the 14th Biennial Conference of the European Association for Research on Adolescence. Izmir, Turkey.
- Bastin, M.**, Bijttebier, P., Raes, F., & Vasey, M. (2013, December). Unpacking co-rumination: Adaptive and maladaptive aspects of repetitive disclosure of problems and negative emotions. Symposium conducted at the 2nd International Meeting of the FWO Scientific Research Network: Temperamental and Cognitive Vulnerability to the Disregulation of Affect and Behavior, Leuven, Belgium.
- Bijttebier, P., Raes, F., Vasey, M., **Bastin, M.**, & Ehring, T. (2013, October). Repetitive negative thinking as a transdiagnostic vulnerability factor for emotional problems. Poster presented at the 60th annual meeting of the American Academy of Child Adolescent Psychiatry, Orlando, USA.
- Bastin, M.**, Bijttebier, P., Raes, F., & Vasey, M. (2013, September). The differential effects of co-brooding and co-reflection on depressive symptoms in early adolescence. In M. Topper (Chair), Worry and rumination: Recent advances in understanding the mechanisms. Symposium conducted at the 43rd Annual Congress of the European Association for Behavioural and Cognitive Therapies, Marrakech, Morocco.
- Bastin, M.**, Bijttebier, P., Raes, F., & Vasey, M. (2013, June). Unpacking co-rumination. Poster presented at the 16th Scientific Meeting of the International Society for Research in Child and Adolescent Psychopathology, Leuven, Belgium.
- Raes, F., Van Der Gucht, K., Dewulf, D., **Bastin, M.** (2011, September). A randomized-controlled trial into the effectiveness of a school-based mindfulness training to prevent depression in secondary



school students. European Association for Behavioural and Cognitive Therapies (EABCT) Annual Congress. Reykjavik, Iceland.

## **Dissemination of Work to Non-Expert Audience**

### **Online**

2021 National news erika-vlieghe-nu-g/	<a href="https://www.vrt.be/vrtnws/nl/2021/03/01/na-_stoppen-met-te-veel-zeuren-uitspraak-had-erika-vlieghe-nu-g/">https://www.vrt.be/vrtnws/nl/2021/03/01/na-_stoppen-met-te-veel-zeuren-uitspraak-had-</a>
2020 BBC	<a href="http://www.bbc.com/travel/story/20200831-why-the-french-love-to-complain">http://www.bbc.com/travel/story/20200831-why-the-french-love-to-complain</a>
2019 New York Times	<a href="https://www.nytimes.com/2020/01/06/smarter-living/how-to-complain-.html">https://www.nytimes.com/2020/01/06/smarter-living/how-to-complain-.html</a>
2019 Refinery29	<a href="https://www.refinery29.com/en-us/is-it-good-to-complain">https://www.refinery29.com/en-us/is-it-good-to-complain</a>
2019 National news	<a href="https://www.hln.be/nina/psycho/langdurig-piekeren-bij-jongeren-praat-met-elkaar-maar-niet-te-veel~af1c597f/">https://www.hln.be/nina/psycho/langdurig-piekeren-bij-jongeren-praat-met-elkaar-maar-niet-te-veel~af1c597f/</a>
2016 Quartz	<a href="https://qz.com/707060/if-youre-going-to-vent-about-your-problems-do-it-right/">https://qz.com/707060/if-youre-going-to-vent-about-your-problems-do-it-right/</a>

### **Television and Radio**

2021 National Radio  
2019 National Television  
2019 National Radio  
2019 National Radio

### **Article**

EOS Wetenschap