

## **Sarah Bania-Dobyns, Ph.D.**

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### **Education**

- 2011: Ph.D., University of Denver, Josef Korbel School of International Studies  
Dissertation Title: *From the Body of the Faithful to the Invention of Religion: the Long Reformation for International Relations*
- 2004: MA, International Relations, University of East Anglia, Norwich, UK
- 2001: BA, History with Politics, Oberlin College, Oberlin, OH

### **Associate Scientist, Oregon Research Institute, July 2025- Present**

#### **Research Areas:**

- STEM education and writing pedagogy
- Education strategy in higher education, science, and the health professions
- The intersection of physical activity and mental health across the lifecourse
- Health equity and social determinants of health
- Professional and cross-cultural communications
- Medical-dental integration

### **Consulting/Industry Experience**

- January 2025- Present. The Heath Equity Consulting Group, Director of Research & Innovation
- September 2022- November 2024. Trifoia, Design Researcher | Instructional Designer | Project Manager
- June 2017- December 2024. Educational Strategy Consultant, Self-Employed
- March 2015-May 2016. Co-Founder and Co-Owner, Cleveland Tutors.
- 2010-2017 Writing, Editing and Curriculum Consultant (Freelance)

### **Proposals Under Review**

2025. Witt, Bania-Dobyns, Westling (Multi-PI). "Mental Toughness: A Mobile Health Application to Increase Physical Activity Among Midlife Adults." Submitted Sept 5<sup>th</sup>, 2025, SBIR Phase I.

### **Funded Projects**

2023-2024. Wendt, Hall, Bania-Dobyns (Multi-PI). "Personal Relevance of Psychotherapy for Asian-Americans: A mHealth Problem-Solving Intervention to Reduce Stress." NIMH funded. Project Number R44 MH125698-01.

### **Key Personnel on Funded Projects**

2023-2024. Role: Design Researcher. "Promoting Parallel Parenting: Putting Children First during High-Conflict Divorce and Separation." NIH funded, ongoing. Project Number R44HD111084.

2022-2023. Role: Design Researcher & Instructional Designer. "An mHealth App for Caregiver Instruction in Manual Therapy for Chemo-Induced Peripheral Neuropathy." NIH funded. Project Number R43CA268678.

### Recent Professional Service

- July 2024-Present: Reviewer for [NIH Study Section: Small Businesses: Social and Community Influences Across the Lifecourse](#).
- May 2024-Present: Community IRB Member, Oregon Research Institute
- March 2017: Eva L. Pancoast Fellowship Selection Committee, Case Western Reserve University: *a fellowship to allow recent graduates to extend their studies with research-related travel*
- Fall 2016-Present. SAGES Pedagogy Series Participant
- 2001-2016. Oberlin Alumni Recruiting Network Volunteer, 2001-2016
- February 2016. Sheltered Instruction Observation Protocol (SIOP). Training in pedagogical strategies for working with ELL (English language learner) students. Western Reserve Historical Society
- Summer 2015. Co-Administrator of the Cleveland Tutors Scholarship Fund for Title I students to receive free summer tutoring

### Teaching Experience

- September 2017-March 2021. Lecturer, University of Denver. Professional Communications and Political Science
- Fall 2016- July 2017. SAGES (Seminar Approach to General Education and Scholarship
- 2014-2015. Part-Time Faculty, Theology and Religious Studies Department, John Carroll University.
- Fall 2014. Part-Time Lecturer, Case Western Reserve University.
- Fall 2013 – Spring 2014. Adjunct Faculty, History and Politics, Notre Dame College. Taught "Western Cultures Since 1500."
- Spring 2014. Adjunct Faculty, Ursuline Studies Program, Ursuline College. Taught "Introduction to Culture."
- 2006-2009. Editorial Staff, *Human Rights and Human Welfare, an international, peer-reviewed electronic journal of review essays, book notes, and working papers*.
- Fall 2009. Visiting Lecturer, Political Science, Colorado College, CO Springs. Taught "Introduction to International Relations."
- 2007-2009. Writing Consultant, University Writing Center, University of Denver.
- Spring-Summer 2008. Guest Lecturer, University of Tübingen, Political Science Institute. Taught MA level seminar, "Peace Settlements and Institutions: Making Modern International Society."
- Fall 2008. Visiting Lecturer, Political Science, Colorado College, CO Springs. Taught "Introduction to International Relations."

- Fall 2007. Lecturer, University of Colorado at Denver; Metropolitan State College of Denver.
- Spring 2007: Teaching Assistant, University of Colorado, Denver.
- 2006-2007: Teaching Assistant, University of Denver.
- 2006: Instructor, Rocky Mountain Talent Search, Office of Academic Youth Programs, University of Denver. Taught "Introduction to International Relations."
- 2005-2006: Writing Tutor, Learning Effectiveness Program, University of Denver.

### Recognitions and Awards

- 2018: "One New Thing": grant from the Office of Teaching and Learning at the University of Denver for introducing a new teaching strategy into an existing course
- 2015: Accepted into the 2<sup>nd</sup> cohort of SEA Change (the social enterprise accelerator program), sponsored by ECDI, Ideastream, and a coalition of other economic development organizations in Cleveland, OH.
- 2008: Baden-Württemberg Stipendium (Visiting Teaching Fellowship), University of Tübingen, Germany.
- 2004: Oberlin Alumni Fellowship for Dissertation Research

### Publications

- 2017: "Radio Sloyd: Amateur Radio as an Approach to the University-Level Critical Thinking and Writing Class." Co-authored (authors in order): David Kazdan, Kristina Collins, Sarah Bania-Dobyns, Andrew Hennessy, Nathaniel Vishner. Published in the proceedings of the [IEEE Integrated STEM Education Conference](#).
- 2016: "Scriptural Reasoning in the Context of Limited Pluralism: the Unique Challenges of a Roman Catholic Context" in the *Journal of Scriptural Reasoning* (November 2016 issue on "Scriptural Reasoning after Vatican II). Available at: <https://jsr.shanti.virginia.edu/back-issues/volume-15-number-2-november-2016/>
- 2012: "Liturgy and the Imagination in Group Spiritual Direction." *Presence: An International Journal of Spiritual Direction*: [http://www.sdiworld.org/presence\\_journal.html](http://www.sdiworld.org/presence_journal.html).
2004. "Third Party Nonviolent Intervention as Conflict Resolution in the Post-Cold War Era," published in the proceedings of the Young Scholars Conference, Prague

### Reviews

- 2006: Book Note: "New Terror, New Wars by Paul Gilbert." Washington, DC: Georgetown University Press. *Human Rights and Human Welfare* 6: <http://www.du.edu/gsis/hrhw/booknotes/2006/baniadobyns-2006.html>

### Working Papers

- 2007: "Can Historical Institutionalism Resolve the Limits of the 'Many Hands' Dilemma? Institutional Accountability Through the EU's and IMF's Codes of Conduct." *Human Rights and Human Welfare*, vol. 7. <http://www.du.edu/gsis/hrhw/working/2007/46-bania-dobyns-2007.pdf>.

2005: "The Contribution of the System Concept to the English School: Clarifying the System Concept by Means of Methodological Pluralism." *English School of International Relations Theory*, <http://www.leeds.ac.uk/polis/englishschool/papers.htm>.

### **Invited Presentations/Talks**

September 2021. "Writing-to-Learn 101 for Instructional Designers." Talk for L&D Cares.

May 19<sup>th</sup>, 2017. "Telling Your Story in Writing." Miller Middle School, Durango, CO.

June 26<sup>th</sup>, 2008. Center for Transnational Relations, Foreign and Security Policy, University of Berlin. "Authority or Rule? Actors of Medieval International Society at the Council of Constance and the Peace of Augsburg."

### **Selected Conference Presentations**

2008: Panel Convener and Presenter, "Multiple Hierarchies in Medieval International Society," World International Studies Committee, Ljubljana, Slovenia, July.

2008: Poster, "Adopting An Ethos of Difference?: the European Commission's Citizens for Europe Programme," International Studies Association, San Francisco, CA.

2007: Presenter, "Holding Institutions Accountable: A Historical Institutional Challenge to the 'Many Hands' Dilemma," International Studies Association, Chicago, IL.

2005: Panel Convener and Presenter, "Re-Imagining the State, Sovereignty and International Society," British International Studies Association, St. Andrews University, Scotland.

2005: Presenter, "Third Party Nonviolent Intervention in International Society: Peace Brigades International in Guatemala," First Global International Studies Conference, World International Studies Committee, Istanbul.

2005: Presenter, "The English School Commitment to Methodological Pluralism: A Structural and Historical Understanding," Midwest Political Science Association, Chicago, IL.

### **Certifications**

- 2023. Conduct UX Research & Test Early Concepts, Google/Coursera
- 2023. EdX/W3 Consortium, Introduction to Accessibility
- 2021: Instructional Design and Online Learning Academy, Certification in Instructional Design
- 2016: Educational Testing Service, Certified SAT I Rater.
- 2010: Basic Mediation Training, University of Washington Continuing Education Program in Mediation.

### **Professional Community Engagement and Training**

Fall 2014: The Five Languages of Appreciation, Professional Development Seminar hosted by the Organizational Development and Learning branch of Case Western Reserve's Human Resources Department

March 2010-2011: Mediation Intern, Pierce County Center for Dispute Resolution,

April 2010-October 2010: Member, Washington State Bar Association Alternative Dispute Resolution Education Committee, April 2010- October 2010

April 2010: 'Moving Beyond Impasse' Mediation Training with the Public Conversations Project,  
April 2010, Seattle, WA

January 2010: Basic Mediation Training, University of Washington Law School

July 2005: 'Conflict, Security and Development: NATO's Challenge in the 21st Century':  
International Relations Summer School, sponsored by NATO and the University of Bristol,

2004: Re-Evaluation Counseling Training, Norwich, UK

2003: Participant, Nonviolent Communication Training, Colchester, UK

July 2002: 'Theater of the Oppressed,' training with Augusto Boal, Denver, CO