

CURRICULUM VITA

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EDUCATION

1990	Ph.D.	Clinical Psychology	University of Oregon; Eugene, OR
1985	M.A.	Psychology	University of Oregon; Eugene, OR
1983	B.A.	Psychology, Spanish Minor	California State University, Northridge

RESEARCH AND CLINICAL POSITIONS

2013 – present Science Director, Oregon Research Institute; Eugene, OR
2013 – present Senior Scientist, Oregon Research Institute
1993 – 2013 Research Scientist, Oregon Research Institute
2000 – 2003 Science Co-Coordinator, Oregon Research Institute
1990 – 1993 Research Associate, Adjunct Research Scientist, Oregon Research Institute
1990 Research Programmer/Analyst, Oregon Research Institute
1988 – 1989 Psychology Intern, Palo Alto VA Medical Center; Palo Alto, CA
1986 – 1988 Diagnostic Interviewer, Depression Treatment Group Leader, ORI
1984 – 1988 Psychology Trainee, University of Oregon Psychology Clinic, Eugene, OR
1985 – 1986 Community Psychology Consultant, University of Oregon, Prevention and Rural Outreach Program

COMMUNITY AND PROFESSIONAL SERVICE

2021 – present Member, Data Safety and Monitoring Board, Influents Innovations
2018 – present Member, Advisory Council, Northwest Prevention Training and Technology Transfer Center
2018 – 2019 Member, Research and Evaluation Committee, United Way of Lane County
2016 – present Member, Lane County Triple P Implementation Team, partnership in Lane County Oregon
2016 Member, Data Safety and Monitoring Board, Rush University College of Nursing
2015 – present Research Partner of the Institute for the Reduction of Youth Violence, at Simon Fraser University, Burnaby, British Columbia
2012 Member, Program Committee, 2013 Helping Families Change Conference
2011 – 2012 Chair and member, Board of Directors, Oregon Research Institute, Eugene, OR
2010 – 2015 Member, Advisory Council, OR Strategic Prevention Framework State Instrumentation Grant

- 2010 – 2011 Member, Public Outreach Subcommittee, Oregon Drug and Alcohol Policy Commission
- 2010 – 2011 Member, Prevention Subcommittee, Oregon Drug and Alcohol Policy Commission
- 2009 – present Member, Triple P International Scientific Advisory Committee
- 2008 - 2012 Member, Research and Evaluation Committee, Birth To Three, Eugene, OR
- 2007 – 2011 Member, Data Safety and Monitoring Board, Center for Research to Practice, Eugene, OR
- 2006 – 2007 Member, Program Committee, Society for Prevention Research 2007 Conference
- 2006 – 2007 Member, Nominating Committee, Society for Prevention Research
- 2005 – present Founding President & member, Board of Directors, ORI Community and Evaluation Services, Eugene, OR
- 2005 – 2012 President and member, Board of Directors, Pacific Research Institute, Eugene, OR
- 2003 – 2015 Co-Chair, ORI Annual Research To Practice Conference, Eugene, OR
- 1995 – 2007 President (1998-1999) and member, Board of Directors, Birth To Three, Eugene, OR
- 1995 – 2003 Member, Board of Directors, Oregon Research Institute, Eugene, OR (ex-officio 2000-2003)
- 1991 – 1997 Founding President (1991-1993) and member, Board of Directors, Children First for Oregon
- 1992 – 1999 Founder and member, Steering Committee, Children First for Lane County

RESEARCH GRANTS

Co-Investigator 07/23 – 01/25

National Institute on Minority Health and Health Disparities, # 2R44MD015947-02; Marquez, J. & Vadasy, P.F. (Co-PIs)

SIBTime: Media-enhanced Technology for Promoting the Behavioral Health and Family Relationships of Typically Developing Young Siblings, Phase II

To develop and evaluate a mobile application to support the behavioral health and family relationships of the typically developing young siblings of children with a disability.

Co-Principal Investigator 08/21 – 05/23

National Institute on Mental Health, #1R43MH124577-01A1; Smith, D.R. & Feil, E.G. (Co-PIs)

Integrated Smart Speaker/Mobile Application to Promote Positive Parenting among Caregivers of Youth with Challenging Behaviors

To develop and evaluate the feasibility of an integrated smart speaker and mobile application to support positive behavior supports in families of youth with challenging behaviors.

Co-Investigator 09/20 – 06/22

National Institute on Minority Health and Health Disparities, #1R43MD015947-01; Marquez, J. & Vadasy, P.F. (Co-PIs)

SIBTime: Media-Enhanced Technology for Promoting the Behavioral Health and Family Relationships of Typically Developing Young Siblings, Phase I

To develop and evaluate the feasibility of a mobile application to support the behavioral health and family relationships of the typically developing young siblings of children with a disability.

Co-Principal Investigator 08/20 – 07/22

National Institute on Child Health and Human Development, #1R43HD101190-01A1; Smith, D.R. (Co-PI)
Utilizing Smart Speaker Technology to Deliver Parenting Education Supports to Parents of Young Children
To develop and evaluate the feasibility of a smart speaker-based program to provide in-situ support to parents of young children in establishing a healthy bedtime routine.

Co-Investigator 09/13 – 08/19

National Institute on Mental Health, #1R01MH097699-01A1; Prinz, R.J. (PI)
Online vs. Staff Delivery: Child & Family Outcomes, Costs Analysis, and Satisfaction
To evaluate online delivery vs. standard staff delivery of an evidence-based parenting program, for comparative effects on parenting and child outcomes, engagement, satisfaction, and cost effectiveness.

Principal Investigator 04/13 – 03/19

National Institute on Drug Abuse, #1R01DA021307-06
Evaluating an Online Parenting Support System Disseminated by Pediatric Practices
To develop and test a three-level online system of parenting supports, disseminated through pediatric practices, for its effects on children's behavior, parents' parenting, and pediatricians' practices for handling behavior problems with patients.

Co-Investigator 01/12 – 6/14

Robert Wood Johnson Foundation, Grant #69541; Sanders, M.R. (PI)
Developing and Beta Testing the Positive Parenting Program in a Social Network Community in Los Angeles County
To develop and pilot-test a social networking version of Triple P Online, designed to engage high-risk parents involved in the child welfare system in non-stigmatizing evidence-based online parenting education and social support.

Co-Investigator 07/11 – 6/14

U.S. Department of Education, Institute of Education Sciences, #R324A110074; Gunn, Barbara (PI)
Student Self-Management System
To develop an intervention promoting the shift of external (teacher) control of behavior to internal (student) control for upper elementary students who have been identified as needing additional Tier 2 supports.

Principal Investigator 07/09 – 6/13

Funder: NIH/National Institute on Child Health and Human Development (R42)
Improving Access to Early Parent Education and Support, Phase II
To develop and evaluate an online parenting education and support program for parents of infants and toddlers that integrates automated email, video streaming, and interactive website technologies.

Principal Investigator 04/07 – 03/13

Funder: NIH/National Institute on Drug Abuse, #R01DA021307
Evaluation of a Video-Based Media Series to Promote Effective Parenting
To develop and experimentally evaluate two variants of a 10-episode, brief, video-based media series targeted at parenting practices.

Principal Investigator 05/06 – 04/08

Funder: NIH/National Institute of Child Health and Human Development (R41)
Improving Access to Early Parent Education and Support, Phase I
To develop and evaluate an online parenting education and support program for parents of infants that integrates automated email, video streaming, and interactive website technologies.

Co-Investigator 06/05 – 05/10

Funder: NIH/National Institute on Drug Abuse, #P30DA018760; Biglan, Anthony (PI)

Center for Prevention of Problems in Early Adolescence

A core support center to integrate, support, and disseminate research to improve prevention of problems of early adolescence, including family, school, peer, and community influences on substance use, depression, and high-risk and antisocial behavior.

Co-Investigator 09/01 – 08/06

Funder: NIH/National Institute on Drug Abuse (R01); Foster, E. Michael (PI)

School-Wide Prevention of Risk Factors for Drug Abuse

To evaluate the efficacy of, estimate the full costs of; and perform a full economic evaluation of an intervention containing a social skills curriculum and teacher training on a sample of first grade children.

Co-Investigator 05/99 – 04/04

Funder: NIH/National Institute on Drug Abuse (R01); Taylor, Ted K. (PI)

Low-Cost Prevention of Conduct Disorders

To evaluate a comprehensive, relatively low-cost intervention on early childhood conduct problems, targeting first grade teacher training in classroom behavior management, parent training in family management, and child training in social skills and problem solving.

Principal Investigator 10/00 – 10/04

Funder: John B. Huntington Foundation

Advocating for the Adoption of Evidence-Based Practices in Oregon

To work with child advocates at the state level in Oregon to bridge the gap between researchers and policy-makers and to advocate for the adoption of evidence-based practices.

Principal Investigator 10/99 – 10/04

Funder: John B. Huntington Foundation

Investigating the Training and Dissemination Infrastructure of Top Prevention Programs

To summarize the evidence base of the top family-focused prevention and treatment programs.

Co-Investigator 09/00 – 09/02

Funder: SAMHSA/Center for Mental Health Services; Taylor, Ted K. (PI)

A Case Study in Fidelity: Implementing an Evidence-based Program

To validate a measure of the fidelity of implementation of leaders delivering an evidence-based parent training program, and to investigate issues related to adoption and implementation of the program in real-world settings.

Principal Investigator 03/95 – 02/02

Funder: NIH/National Institute on Drug Abuse

Modifying Parent Practices to Prevent Youth Drug Abuse (R01)

To develop and experimentally evaluate a comprehensive family-, school-, and community-based intervention to increase parental monitoring and guidance of middle schoolers.

Co-Investigator 03/95 – 02/00

Funder: NIH/National Institute on Drug Abuse (R01); Biglan, Anthony (PI)

A Comprehensive Program to Reduce the Risk of Drug Abuse

To evaluate a comprehensive intervention program to prevent the development of behavioral risk factors for substance use among at-risk Hispanic and non-Hispanic children in grades K-4.

Co-Investigator

09/91 – 08/96

Funder: NIH/National Institute on Drug Abuse (R01); Ary, Dennis (PI)

Community Intervention Trial to Prevent Youth Drug Use

To evaluate the efficacy of comprehensive community intervention to reduce youth drug use, including interventions to improve parenting and school discipline practices.

PUBLICATIONS

- Ingels, J.B., Corso, P.S., Prinz, R.J., **Metzler, C.W.**, and Sanders, M.R. (2022). Online-delivered over staff-delivered parenting intervention for young children with disruptive behavior problems: Cost-minimization analysis. *JMIR Pediatrics and Parenting*, 5(1), e30795, <https://doi.org/10.2196/30795> .
- Prinz, R.J., **Metzler, C.W.**, Sanders, M.R., Rusby, J.C., Cai, C. (2021). Online-delivered parenting intervention for young children with disruptive behavior problems: A non-inferiority trial focused on child and parent outcomes. *Journal of Child Psychology and Psychiatry*, 63(2), 199-209. <https://doi.org/10.1007/s10566-021-09637-x>
- Rusby, J.C., Prinz, R.J., **Metzler, C.W.**, Crowley, R, and Sanders, M.R. (2021). Attending to task demands: Systematic observation of parent directives and guidance in varying situational contexts. *Child & Youth Care Forum*. <https://doi.org/10.1007/s10566-021-09637-x>
- Sanders, M.R., Spry, C.S., Tellegen, C., Kirby, J.N., **Metzler, C.W.**, Prinz, R.J. (2020). Development and validation of fidelity monitoring and enhancement in an evidence-based parenting program. *Journal of Behavioral Health Services & Research*, 47(4), 569-580. <http://doi.org/10.1007/s11414-020-09713-5>
- Sanders, M.R., Turner, K.M.T., & **Metzler, C.W.** (2019). Applying self-regulation principles in the delivery of parenting interventions. *Clinical Child and Family Psychology Review*, 22(1): 24-42. <https://doi.org/10.1007/s10567-019-00287-z>
- Metzler, C.W.** & Rusby, J.C. (2018). Broadcast media-based approaches to positive parenting. In M.R. Sanders & T.G. Mazzucchelli (Eds), *The Power of Positive Parenting: Transforming the Lives of Children, Parents and Communities using the Triple P System*. New York: Oxford University Press.
- Turner, K.M.T. & **Metzler, C.W.** (2018). Parenting support in the context of primary health care. In M.R. Sanders, M.R. & T.G. Mazzucchelli (Eds), *The Power of Positive Parenting: Transforming the Lives of Children, Parents and Communities using the Triple P System*. New York: Oxford University Press.
- Love, S., Sanders, M.R., Turner, K.M.T., Maurange, M., Knott, T., Prinz, R., **Metzler, C.W.**, Ainsworth, A.T. (2016). Social media and gamification: Engaging vulnerable parents in an online evidence-based parenting program. *Child Abuse & Neglect*, 53: 95-107.
- Leslie, L.K., Mehus, C.J., Hawkins, J.D., Boat, T., McCabe, M.A., Barkin, S., Perrin, E.C., **Metzler, C.W.**, Prado, G., Tait, V.F., Brown, R., Beardslee, W. (2016). Primary health care: Potential home for family-focused preventive interventions. *American Journal of Preventive Medicine*, 51(4 Suppl 2): S106-18.
- Rusby, J.C., **Metzler, C. W.**, Sanders M.R., & Crowley, R. (2015). The Mother-Child Play Task: Emulating real-life situations with a play task to observe parenting skills and child behaviors. *Journal of Family Psychology*, 29(2), 201-210.

- Eddy, J.M, Martinez, C.R., **Metzler, C.W.**, Heyman, R.E. (2014). Environmental influences and implications for intervention development: Family. In Z. Sloboda & H. Petras, *Defining Prevention Science*. NY: Springer. pp. 137-150.
- Metzler, C. W.**, Sanders, M. R., & Rusby, J. C. (2013). Multiple levels and modalities of measurement in a population-based approach to improving parenting. In S. McHale, P. Amato, & A. Booth (Eds.), *Emerging methods in family research*. New York: Springer. pp. 197-214.
- Metzler, C.W.**, Eddy, M., & Lichtenstein, D. (2013). Prevention approaches aimed at individuals. In B. McCrady & E. Epstein (Eds), *Addictions: A Comprehensive Guidebook, Second edition*. New York: Oxford University Press. pp. 839-870.
- Love, S. N., Sanders, M. R., **Metzler, C. W.**, & Prinz, R. J. (2013). Enhancing accessibility and engagement in evidence-based parenting programs to reduce maltreatment: Conversations with vulnerable parents. *Journal of Public Child Welfare*, 7(1), 20–38. doi:10.1080/15548732.2012.701837
- Metzler, C. W.**, Sanders, M. A., Rusby, J. C., & Crowley, R. (2012). Using consumer preference information to increase the reach and impact of media-based parenting interventions in a public health approach to parenting support. *Behavior Therapy*, 43, 257–270.
- Metzler, C. W.**, Biglan, A., Embry, D. D., Sprague, J. R., Boles, S. M., & Kavanagh, K. A. (2008). *Improving the well-being of adolescents in Oregon*. Eugene, OR: Center on Early Adolescence, Oregon Research Institute.
- Rusby, J. C., Forrester, K. K., Biglan, A., & **Metzler, C. W.** (2005). Relationships between peer harassment and adolescent problem behaviors. *Journal of Early Adolescence*, 25, 453-477.
- Sheeber, L. B., Biglan, A., **Metzler, C. W.**, Taylor, T. K. (2002). Effective parenting practices. In L. Jason & D. Glenwick (Eds). *Innovative Strategies for Promoting Health and Mental Health Across the Life Span*. NY:Springer
- Metzler, C.W.**, Biglan, A., Rusby, J.C, & Sprague, J. (2001). Evaluation of a comprehensive behavior management program to improve school-wide positive behavior support. *Education and Treatment of Children*, 24(4), 448-479.
- Metzler, C.W.**, Biglan, A., Ary, D.V., & Noell, J. (2000). A randomized controlled trial of a behavioral intervention to reduce high-risk sexual behavior among adolescents in STD clinics. *Behavior Therapy*, 31, 27-54.
- Ary, D.V., Duncan, T.E., Biglan, A., **Metzler, C.W.**, Noell, J.W., & Smolkowski, K. (1999). Development of adolescent problem behavior. *Journal of Abnormal Child Psychology*, 27, 141-150.
- Irvine, A.B., Biglan, A., Smolkowski, K., **Metzler, C.W.**, & Ary, D.V. (1999). The effectiveness of a parenting skills program for parents of middle school students in small communities. *Journal of Consulting and Clinical Psychology*, 67 (6), 811-825.
- Biglan, A. & **Metzler, C.W.** (1998). A public health perspective for research on family-focused interventions. In R.S. Ashery, Robertson, E.B., and K. Kumpfer (Eds.) *Drug Abuse Prevention through Family Interventions* (NIDA Research Monograph 177, NIH Publication NO. 99-4125). Washington DC: NIDA.

- McMahon, R. & **Metzler, C.W.** (1998). Selecting parenting measures for assessing family-based preventive interventions. In R.S. Ashery, E.B. Robertson, and K. Kumpfer (Eds.) *Drug Abuse Prevention through Family Interventions*. (NIDA Research Monograph 177, NIH Publication NO. 99-4135). Washington DC: NIDA..
- Metzler, C.W.**, Biglan, A., Ary, D.V., & Li, F. (1998). The stability and validity of early adolescents' reports of parenting practices constructs. *Journal of Family Psychology, 12*(4). 600-619.
- Metzler, C. W.**, Taylor, T. K., Gunn, B., Fowler, R. C., Biglan, A., & Ary, D. V. (1998). A comprehensive approach to the prevention of behavior problems: Integrating family- and community-based approaches to strengthen behavior management programs in schools. *Effective School Practices, 17*(2), 8-24.
- Biglan, A., **Metzler, C.W.**, Fowler, R.C., Gunn, B.K., Taylor, T., & Rusby, J.C. (1997). Improving childrearing in America's communities. In P. A. Lamal (Ed.) *Cultural contingencies: Behavior analytic perspectives on cultural practices*. Westport, CT: Praeger Publishers.
- Irvine, A. B., Biglan, A., Duncan, T., & **Metzler, C. W.** (1996). Benefits and barriers for volunteer leaders of a parent training program. *Family Community Health, 18*(4):20-32.
- Biglan, A., Noell, J., Ochs, L., Smolkowski, K. & **Metzler, C.W.** (1995). Does sexual coercion play a role in the high-risk sexual behavior of adolescent and young adult women? *Journal of Behavioral Medicine, 18*, 549-568.
- Biglan, A., **Metzler, C.W.** & Ary, D.V. (1994). Increasing the prevalence of successful children: The case for community intervention research. *The Behavior Analyst, 17*, 335-351.
- Metzler, C. W.** (1994). The costs of non-acceptance. In S. C. Hayes, N. S. Jacobson, V. M. Follette, & Dougher, M J. (Eds.), *Acceptance and Change: Content and Context in Psychotherapy*. Reno, NV: Context Press.
- Metzler, C. W.**, Noell, J., Biglan, A., Ary, D., & Smolkowski, K. (1994). Social context for risky sexual behavior among adolescents. *Journal of Behavioral Medicine, 17*(4), 419-438.
- Noell, J., Biglan, A., Berendt, J., Ochs, L., **Metzler, C. W.**, Ary, D. & Smolkowski, K. (1993). Problematic sexual situations for adolescents: Alcohol and unsafe sex. *Health Values, 17*, 40-49.
- Metzler, C. W.**, Noell, J., & Biglan, A. (1992). The validation of a construct of high risk sexual behavior in heterosexual adolescents. *Journal of Adolescent Research, 7*(2), 233-249.
- Biglan, A., **Metzler, C. W.**, Ary, D., Noell, J., Ochs, L., French, C., Hood, D., & Wirt, R. (1990). Social and behavioral factors associated with high-risk sexual behavior among adolescents. *Journal of Behavioral Medicine, 13*(3), 245-262.
- Metzler, C. W.** (1990). The covariance of adolescent problem behaviors, and the family and peer contexts in which they occur. *Dissertation Abstracts International*.
- Yano, K., **Wendler, C.**, & Aho, K. (1987). *Child and adolescent treatment and treatment evaluation: Review and recommendations*. Salem, OR: State of Oregon Division of Mental Health.

RESEARCH PRESENTATIONS

- Metzler, C.W. (2023, June). Three-level online system of parenting supports delivered through pediatric primary care practices: Effects on child and parent outcomes of the Triple P Online System. In L. Tully (Chair), Reaching diverse parents through innovations in online parenting interventions. Symposium presented at International Congress on Evidence-Based Parenting Support, online conference.
- Metzler, C.W., Rusby, J.C., Sanders, M.R., Rivara, F.P., & Christakis, D.A. (2020, February). Effects on child and parent outcomes of the Triple P Online System: A three-level online system of parenting supports delivered through pediatric practices. Paper presented at Helping Families Change Conference, Brisbane, Australia.
- Metzler, C. W., Crowley, R., Rivara, F.P., Christakis, D.A., Rusby, J.D., & Sanders, M.R. (2018, May). Providing evidence-based parenting supports within pediatric primary care: Implementation and outcomes. In C. Berkel (Chair), System capacity and operational considerations when scaling up evidence-based parenting programs. Symposium at Society for Prevention Research, Washington, D.C.
- Metzler, C. W., Crowley, R., Rusby, J.C., Sanders, M.R., Rivara, F.P., & Christakis, D.A. (2018, May). Efficacy and parent engagement in the Triple P Online System: A three-level online system of parenting supports delivered through pediatric practices. In L. Sheeber (Chair), Internet interventions for parents: A diversity of approaches. Symposium at Association for Psychological Science, San Francisco.
- Metzler, C.W., Crowley, R.N., Sanders, M.R., Rusby, J.C., Rivara, F.P., & Christakis, D.A. (2018, February). Predictors of parent engagement and satisfaction with the Triple P Online System, a tiered online parenting intervention. In K. Turner (Chair), Parenting support in an age of technology: Parent engagement and outcomes from the implementation of Triple P Online. Symposium at Helping Families Change Conference, Santa Rosa, CA.
- Metzler, C.W., Christakis, D.A., Rivara, F.P., Crowley, R.N., Rusby, J.C., & Sanders, M.R., (2018, February). Pediatricians' implementation of Triple P in primary care and perceptions of feasibility and clinic support. In C. Metzler (Chair), Providing parenting supports within pediatric primary care: Perspectives of pediatricians and parents, outcomes of training pediatricians, and predictors of implementation. Symposium at Helping Families Change Conference, Santa Rosa, CA.
- Metzler, C. W., Crowley, R.N, Rivara, F.P., Christakis, D.A., Rusby, J.D., & Sanders, M.R. (2017, June). Learnings from the implementation of Triple P in primary care settings. In C. Mehus (Chair), The promise of implementing family-focused prevention in primary care settings. Symposium at Society for Prevention Research, Washington, D.C.
- Metzler, C. W., Crowley, R.N, Rivara, F.P., Christakis, D.A., Rusby, J.D., & Sanders, M.R. (2017, June). Effects of pediatrician training on implementation of parenting supports in pediatric primary care. In T. Ridenour (Chair), Three family-based prevention programs in pediatric primary care: Implementation, effectiveness and lessons learned. Symposium at Society for Prevention Research, Washington, D.C.
- McCabe, M.A., Leslie, L.K., Metzler, C.W., Hawkins, J.D. (2016, August). Family-focused prevention in

pediatric primary care settings. In J.M. Jenson & M.A. McCabe (Chairs), Behavioral health problems in childhood and adolescence: Unleashing the power of prevention. Symposium at American Psychological Association conference, Denver, Colorado.

- Metzler, C.W. (2015, May). Technology-based approaches to parenting interventions: Triple P Parenting Video Series, Triple P Online, and First Three Years Online. In E. Feil (Chair), Using technology to facilitate the scale-up of effective early childhood interventions. Roundtable Discussion at the Society for Prevention Research Conference, Washington, DC.
- Metzler, C.W., (2015, February). Parenting Help Online: Testing a Tiered Online Parenting Intervention Disseminated through Pediatric Clinics. In K. Turner (Chair), Triple P Online: New findings, new programs. Symposium at Helping Families Change Conference, Amsterdam, The Netherlands.
- Metzler, C.W. (2014, September). Advances in Using Technology to Advance Prevention Science: Technology-based Parenting Skills Programs. Presentation at the National Prevention Network Conference, Hartford, Connecticut.
- Metzler, C.W., (2014, May). The Triple P Online System and the Dissemination of Evidence-Based Parenting Supports through Pediatric Practices: The Parenting Help Online Study. Presentation at the Society for Prevention Research Conference, Washington, DC.
- Metzler, C.W. (2014, February). The Parenting Help Online Study: Evaluating the dissemination of the Triple P Online System through pediatric practices. Presentation at the Helping Families Change Conference, Sydney, Australia.
- Metzler, C.W. (2013, July). Effects of a parenting video series on parents' parenting practices and children's behavior. In A. Morawska (chair), Using media and technology web-based interventions to increase access to family interventions. Symposium presented at the 7th World Congress of Behavioral and Cognitive Therapies, Lima, Peru.
- Metzler, C.W., Rusby, J.C., Sanders, M.R., & Crowley, R.N. (2013, May). Effects of a parenting video series on parents' parenting practices and children's behavior. In C. Metzler (chair), *Media- and technology-based approaches to delivering parenting interventions*. Symposium presented at the meeting of the Society for Prevention Research, San Francisco.
- Metzler, C.W., Rusby, J.C., Sanders, M.R., & Crowley, R. (2013, February). Using media to improve parenting: Effects of the Triple P Parenting Video Series on children's behavior and parenting practices. Invited presentation at the Helping Families Change Conference, Los Angeles.
- Metzler, C.W. (2012, October). Multiple levels and modalities of measurement in a population-based approach to improving parenting. Invited presentation at the Pennsylvania State 20th Annual Symposium on Family Issues.
- Metzler, C.W. (2012, February). The Triple P Parenting Media Series: Impacts of a video series on parents and children. In K. Turner (chair), *Triple P in the Community: Innovative approaches to reaching families and responding to need*. Symposium presented at the Helping Families Change Conference, Glasgow, UK.
- Metzler, C.W. & Crowley, R.N. (2011, June). Effects of a parenting video series on parents and children: The Triple P Parenting Media Series. In C. Metzler (chair), *Building toward population-level impact: Outcomes from media-based interventions on parenting*. Symposium presented at the annual

conference of the Society for Prevention Research, Washington, DC.

- Metzler, C.W. (2011, April). Improving parent engagement and reach through the media: The Triple P Parenting Media Series. In S. Farruggia (chair), *Parenting interventions: Strategies for engagement and population reach*. Symposium presented at the annual conference of the Society for Research on Child Development, Montreal, Quebec, Canada.
- Biglan, A. & Metzler, C.W. (2010, September). *Improving the wellbeing of adolescents in Oregon through application of evidence-based practices*. Oregon Prevention Conference, Eugene, Oregon.
- Metzler, C.W. & Sanders, M.R. (2010, June). Working effectively with the media: Lessons from large-scale parenting media intervention trials. In R. Prinz (chair), *Media-based strategies for prevention*. Symposium presented at the annual conference of the Society for Prevention Research, Denver, Colorado.
- Metzler, C.W. (2010, February). *Family engagement in the Triple P Media Series*. Invited address at the Helping Families Change Conference, Brisbane, Queensland, Australia.
- Metzler, C.W. (2010, February). *Media-based approaches to improving parenting: How do parents respond?* Invited address at the University of Auckland Research Forum, Auckland, New Zealand.
- Metzler, C. W., Sanders, M. R., & Rusby, J. C. (2009, May). Improving the reach and efficacy of media-based parenting interventions. In C. Metzler (Chair), *Advances in research on media interventions to affect parenting*. Symposium presented at the annual conference of the Society for Prevention Research, Washington, D.C.
- Metzler, C. W., Jones, L. B., Boles, S., & Biglan, A. (2009, May). *Policymakers' attitudes and beliefs about evidence-based practices*. Paper presented at the annual conference of the Society for Prevention Research, Washington, D.C.
- Metzler, C. W. (2009, May). Media-based approaches to improving parenting. Presentation at Seattle Children's Hospital Research Meeting, Seattle, WA.
- Metzler, C. W. (2009, April). *The Triple P Parenting Media Trial: Enhancing the efficacy of media interventions on parenting*. Invited address at the Helping Families Change Conference, Toronto, Ontario, Canada.
- Metzler, C. W., Seeley, J., Marquez, B., Backen Jones, L., & Wendt, A. (2008, June). *Online parenting education and support for new parents: The Incredible Infants Online program*. Technology demonstration/poster presented at the annual meeting of the Society for Prevention Research, San Francisco, CA.
- Metzler, C. W., Sanders, M. R., Rusby, J. C., & Turner, K. (2008, June). *Improving parenting skills through TV by maximizing the impact of the media message: A US–Australia collaboration. The Triple P Parenting Media study*. Poster presented at the annual meeting of the Society for Prevention Research, San Francisco, CA.
- Metzler, C. W., Sprague, J. R., Boles, S. M., & Biglan, A., (2008, March). *Improving the well-being of adolescents in Oregon: Integrating PBS and prevention science*. Oregon Positive Behavior Support Conference, Eugene, Oregon.

- Metzler, C. W. (2007, September). *Online parenting support for new parents: Incredible Infants Online*. In D. Gordon (Chair), *Moving parent training from the classroom to online*. National Prevention Network Conference, Portland, Oregon.
- Metzler, C. W., Baker, A., & Boles, S.M. (2007, September). *Efforts to affect public policy in Oregon to improve youth well-being*. In C. Metzler (Chair), *Policy strategies for bringing science to bear on improving the well-being of children and adolescents*. National Prevention Network Conference, Portland, Oregon.
- Metzler, C. W. (2006, March). Translating science into benefits for children and families: Birth To Three and the legacy of Mary Rothbart. In *Research in the Service of Children: A Symposium in Honor of Mary Rothbart*. Symposium presented at the University of Oregon, Eugene, OR.
- Taylor, T.K., Rusby, J.C., Metzler, C.W., Biglan, A., Foster, E.M., Johnson-Shelton, D., & Blair, J. (June, 2004). *A randomized prevention trial in 19 elementary schools: Successful school recruitment strategies*. Poster presented at the 12th annual meeting of the Society for Prevention Research.
- Metzler, C. W., Taylor, T. K., Kang, E., & Foster, E. M. (2004, May). *Associations between specific parental discipline practices and young children's oppositional behavior*. Poster presented at the annual meeting of the Society for Prevention Research, Quebec, Canada.
- Metzler, C.W., Sheeber, L., Biglan, A., Taylor, T.K. (August, 2003). Promoting effective parenting practices. In D. Glenwick (Chair), *Prevention and Wellness Promotion Programs for Children, Youth, and Families*. Symposium presented at the 111th annual meeting of the American Psychological Association, Toronto, Ontario, Canada.
- Metzler, C.W. & Taylor, T.K. (June, 2003). *Lessons learned by real-world children's mental health agencies in implementing an evidence-based parent training program*. Paper presented at the 11th annual meeting of the Society for Prevention Research, Washington, DC.
- Metzler, C.W. (May, 2003). *Identifying and implementing evidence-based interventions: Bridging the gap between research and practice*. Paper presented at the annual meeting of the Oregon Psychological Association, Eugene, OR.
- Metzler, C. W. & Biglan, A. (November, 2002). *Experiences and issues in working with communities to foster the success of young people*. Presentation at the First Biennial Sundberg Conference on Cultural and Community Psychology: Expanding Horizons in Research on Mental Health and Competence. Eugene, OR.
- Metzler, C. W. & Taylor, T.K. (July, 2002). *Experiences and lessons learned in the implementation of an evidence-based parent training program in real-world children's mental health agencies*. Presentation to SAMHSA/CMHS, Washington, DC.
- Metzler, C. W., & Taylor, T. K. & Eddy, M. (May, 2002). The evidence standards of ten best practices lists and the evidence base of the top family-focused programs. In C. Metzler (Chair), *Finding Common Ground among "Best Practices" Lists: The Evidence Base and Program Elements of Top Family-Focused and School-Based Programs*. Symposium presented at the annual meeting of the Society for Prevention Research, Seattle, WA.
- Eddy, M., Metzler, C. W., Taylor, T. K. (May, 2002). The evidence base and program elements of the top school-focused programs. In C. Metzler (Chair), *Finding Common Ground among "Best Practices"*

Lists: The Evidence Base and Program Elements of Top Family-Focused and School-Based Programs. Symposium presented at the annual meeting of the Society for Prevention Research, Seattle, WA.

- Taylor, T. K., Eddy, M. & Metzler, C. W. (May, 2002). Common program elements among the top family-focused programs identified on “best practices” lists. In C. Metzler (Chair), *Finding Common Ground among “Best Practices” Lists: The Evidence Base and Program Elements of Top Family-Focused and School-Based Programs.* Symposium presented at the annual meeting of the Society for Prevention Research, Seattle, WA.
- Taylor, T.K. & Metzler, C.W. (May, 2002). Assisting agencies and practitioners in implementing evidence-based programs with fidelity. In M. Eddy (Chair), *Moving Prevention Science to Practice: A Skill Building Workshop.* Workshop presented at the annual meeting of the Society for Prevention Research, Seattle, WA.
- Metzler, C.W. (2001). *CommunityBuilders and the prevention of problem behaviors among middle schoolers: The Community Action for Successful Youth (CASY) Project.* Paper presented at the Second National Conference on Drug Abuse Prevention Research: A Progress Update, August 8-9, 2001, Washington, D.C.
- Metzler, C.W. (1998, June). Notes from the field: How prevention scientists and prevention advocates might influence the adoption of best practices in communities. In Harachi, T. (Chair), *Multiple Interfaces: Prevention Science and Communities.* Symposium presented at the annual meeting of the Society for Prevention Research, Park City, UT.
- Metzler, C.W., Biglan, A. & Ary, D. (1998, June). *CommunityBuilders and the prevention of problem behaviors among middle schoolers in small communities: The Community Action for Successful Youth (CASY) Project.* Poster presented at annual meeting of the Society for Prevention Research, Park City, UT.
- Metzler, C.W., Biglan, A., Ary, D., & Li, F. (1998, February). *The influence of parenting practices, family relationships, and deviant peer contact on the developmental trajectory of problem behaviors among middle schoolers in small communities: The Community Action for Successful Youth (CASY) Project.* Poster presented at the 7th Biennial Meeting of the Society for Research on Adolescence, San Diego, CA.
- Metzler, C.W., Biglan, A., & Ary, D. (1997, May). Advances in methods for evaluation of community interventions to improve childrearing: The Community Action for Successful Youth (CASY) Project. In Rusby, J. (Chair), *The Center for Community Interventions on Childrearing: Research on improving childrearing practices in rural communities.* Symposium presented at annual convention of the Association for Behavior Analysis, Chicago, IL.
- Metzler, C.W., Biglan, A., Ary, D., Duncan, T., & Smolkowski, K. (1997, May). A social context model of the development of youth problem behavior. In Rusby, J. (Chair), *The Center for Community Interventions on Childrearing: Research on improving childrearing practices in rural communities.* Symposium presented at annual convention of the Association for Behavior Analysis, Chicago, IL.
- Metzler, C.W., Biglan, A., Ary, D., & Li, F. (1997, May). *Community Action for Successful Youth: Improving parents', schools', and communities' monitoring, positive reinforcement, and limit-setting of middle schoolers in small communities.* Poster presented at the annual convention of the Society for Prevention Research, Baltimore, MD.

- Metzler, C.W. and McMahon, R. (1997, May). Promising measures of parenting practices for drug abuse prevention. In R. Ashery (Chair), *Measurement issues in drug abuse prevention research*. Symposium presented at the annual convention of the Society for Prevention Research, Baltimore, MD.
- Metzler, C.W., Taylor, T., Torres, J. & Irvine, B. (1997, May). *Strengthening families through empowering parents and communities*. Symposium presented at the conference on Building Family Strengths: Research and Services in Support of Children and their Families, Portland, OR.
- Metzler, C.W., Biglan, A., & Ary, D.V. (1997, April). *The reciprocal influence of parenting practices and peer deviance in middle schoolers: A quarterly-lagged analysis over a one-year period*. Poster presented at the annual convention of the Society for Research on Child Development, Washington, D.C.
- Biglan, A. & Metzler, C.W. (1996, August). *Advancing the prevention of substance abuse: Research with children and families*. American Psychological Association Convention, Toronto, Ontario, Canada.
- Metzler, C.W., Irvine, B., Biglan, A., Ary, D.V., and Smolkowski, K. (1996, May). *Effectiveness of parent training for parents of middle school children*. Poster presented at the 5th National Conference on Prevention Research, sponsored by the National Institute of Mental Health, McLean, VA.
- Metzler, C.W., Biglan, A., Duncan, T., Noell, J., Ary, D., & Smolkowski, K. (1995, March). The social and behavioral context for high-risk sexual behavior. In D.M. Capaldi (Chair), *Developmental models of sexual knowledge, behavior, and health risk of adolescents*. Symposium conducted at the biennial meeting of the Society for Research in Child Development, Indianapolis, IN.
- Metzler, C. W. (1994, December). *The MAC-Choice Project: An intervention with risky adolescents in public health clinics*. Presentation at NIMH Office on AIDS, Conference on HIV/AIDS Counseling and Brief Interventions: A Decision-Making Model, Washington, D.C.
- Metzler, C. W., Biglan, A., Ary, D., Duncan, T., and Smolkowski, K. (1994, November). The relationships among adolescent problem behaviors and the social context in which they occur. In J. Langhinrichsen-Rohling (Chair), *Suicidal and life-diminishing behavior in male and female adolescents*. Symposium conducted at annual convention of the Association for the Advancement of Behavior Therapy, San Diego.
- Gillmore, M. R. & Metzler, C. W. (1994, July). *The process of intervention design: Examples from adolescent intervention*. Presentation at Principles of STD and HIV Research Conference, University of Washington, Seattle.
- Biglan, A. & Metzler, C. W. (1992, November). Behavior therapy, well-being, and adolescence. In W. Follette (Chair), *A behavioral conceptualization of psychological well-being: Justification, values, goals, controversies, and methodologies*. Symposium conducted at the meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.
- Metzler, C. W. (1992, November). Reducing high-risk sexual behavior in adolescents. In K. Fromme (Chair), *Risky behaviors and risk reduction among adolescents and young adults*. Symposium conducted at the meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.
- Metzler, C. W. & Dishion, T. (1992, May). A model of the development of youthful problem behaviors. In A. Biglan (Chair), *Toward community interventions to improve childrearing*. Symposium conducted at

the meeting of the Association for Behavior Analysis, San Francisco, CA.

Metzler, C. W. & Biglan, A. (1991, November). Thoughts and feelings: On the reduction of high risk sexual behavior in adolescents. In S. Hayes (Chair), *Acceptance as change: Acceptance as a strategy of clinical intervention*. Symposium conducted at the meeting of the Association for the Advancement of Behavior Therapy, New York, NY.

Yano, K., Wendler, C., & Aho, K. (1987, May). Child and adolescent treatment and treatment evaluation: Review and recommendations. Paper presented at the meeting of the Oregon Psychological Association, Newport, OR.

SELECTED COMMUNITY SERVICE PRESENTATIONS

Metzler, C.W. (2020, June). Oregon Research Institute: World-Class Behavioral Research, and What the Behavioral Sciences Can Teach Us about Maintaining Health and Wellbeing During Uncertain Times. Rotary Clubs in Eugene, OR.

Metzler, C.W. (2019, October). Triple P – Positive Parenting Program: A public health approach to improving parenting. Oregon Drug and Alcohol Commission Prevention meeting.

Metzler, C.W. (2017, October). Potential of the primary care setting for delivery of evidence-based behavioral interventions, and future focus on integrative care. Presentation at Clinical Research Forum, Peacehealth, Eugene, OR.

Metzler, C.W. (2016-2020, 2022, October). Research on a public health approach to improving parenting. Annual presentations to UO Introduction to Prevention Science class, Eugene, OR.

Biglan, A., Dishion, T., & Metzler, C.W. (2016, September). Strengthening the system of family interventions to affect the population of families in Oregon. Presentation to the Association of Oregon Community Mental Health Programs, Hood River, OR.

Metzler, C.W. (2016, March). Triple P – Positive Parenting Program: Overview and Lane County Implementation. Presentation at 90by30 Conference, Eugene, OR.

Metzler, C.W. (2015, November). Supporting your child's educational success. Presentation at Stand For Children's Common Core: Tell Me More, Eugene, OR.

Metzler, C.W. (2015, September). Strengthening parenting skills: The groundbreaking influence of the Oregon Model in the development of parenting programs. Presentation at A Celebration of Behavioral Science in Eugene, Eugene, OR.

Metzler, C.W. (2013, October). A public health approach to improving parenting: Research methods, challenges, and outcomes. Presentations to UO Masters class, Prevention Science Speaker Series, Eugene, OR.

Metzler, C.W., Biglan, A., Boles, S., Baskerville, C.A., Moses, S. (2011-2012). *WEAVE Lane County: Weaving Environments and Actions that Value Everyone*. Presentation to multiple community audiences in Lane County, OR, including the Lane County Board of Commissioners, Human Services Commission, and Public Health Commission.

- Metzler, C.W. (2010, December). *A public health approach to improving parenting practices: An overview of principles and practices for meeting diverse family needs*. Research To Practice Conference, Oregon Research Institute. Eugene, OR.
- Metzler, C. W., Center on Early Adolescence (2009, September). *Improving the well-being of adolescents in Oregon*. Presentation to Juvenile Justice Directors Conference. Newport, OR.
- Metzler, C.W., Jones, L.B., Boles, S. (2008, October). *County-level policymakers' attitudes and beliefs about evidence-based practices: A statewide survey*. Presentation to the Oregon Council on Early Adolescence. Salem, OR.
- Metzler, C.W. (2007, March). *Are our boys in trouble? The status of boys and girls in Oregon*. Presentation to the Eugene City Club. Eugene, OR.
- Metzler, C.W. (2007, April). *Effective prevention of youth problems*. Presentation to the Multnomah County Board of Commissioners. Portland, OR.
- Metzler, C.W. (2007, February). *Best practices strategies for promoting children's success by six*. Presentation to United Way Success by Six Fund Distribution Panel. Springfield, OR.
- Metzler, C.W. (2007, May). *Best practice strategies*. Presentation to United Way Grantwriters. Springfield, OR.
- Metzler, C.W. (2005, February). *Best Practices Strategies for Promoting Children's Success By Six*. Presentation to United Way. Springfield, OR.

INTERVENTION DEVELOPMENT

- Smith, D.R., Metzler, C.W. Marquez, J., Grilley, L., Compton, N. (2023). *Talk Parenting Bedtime Routine*.
- Marquez, J., Metzler, C.W., Jones, L.B., & Rusch, J. (2011). *Wonderful Ones Online*.
- Marquez, J., Metzler, C.W., Jones, L.B., & Rusch, J. (2011). *Terrific Twos Online*.
- Scientific Consultant for *Make Parenting A Pleasure Curriculum Revision Project* (2010). Birth To Three
- Sanders, M.R., Turner, K., Metzler, C.W., & Rusby, J.C. (2008). *Triple P Parenting Media Series*.
- Marquez, B., Littman, B., Jones, L.B., Metzler, C.W., Rusch, J., & Finlay, L. (2007). *Incredible Infants Online*.
- Scientific Consultant for *First Three Years Curriculum Development Project* (2006). Birth To Three.

PROFESSIONAL AFFILIATIONS

- Society for Prevention Research
- Society for Research on Child Development
- Phi Kappa Phi Honor Society

EDITORIAL SERVICE

Editorial Board

Prevention Science (2009 – present)

Clinical Child and Family Psychology Review (2013 – present)

Ad-Hoc Reviews

Addiction

American Journal of Community Psychology

Journal of Child and Family Studies

Prevention Science

International Journal of Behavioral Development

Child Psychiatry and Human Development

CONSULTATION

Program evaluation services to Tacoma-Pierce County Health Department, Triple P project, 2021-2022

Scientific consultant for Strengthening Families Program: An Online Version for Teens, 2018-2019

Scientific advisor & program evaluation services to United Way of Lane County, Triple P project, 2016-2023

Evaluation services to Birth To Three, 2007-2010

Scientific consultant for *Make Parenting A Pleasure* Curriculum Revision Project, Birth To Three, 2009-2010

Scientific consultant for *Parenting: First Three Years* Curriculum Development Project, Birth To Three, 2006

Consultant to Multidimensional Treatment Foster Care for Girls project, Patti Chamberlain, 2005

TEACHING EXPERIENCE

University of Oregon

2016-2020,2022 Research on a public health approach to improving parenting. Annual presentations to UO Introduction to Prevention Science class

2013 A public health approach to improving parenting: Research methods, challenges, and outcomes. Presentation for UO Masters class, Prevention Science Speaker Series, Eugene, OR.

1988 Instructor: Statistical Methods in Psychology

1987-1988 Teaching Assistant: Statistical Methods in Psychology

1987, 1986 Instructor: Introductory Psychology

1986-1987 Teaching Assistant: Personality and Psychopathology, Introductory Psychology

1986, 1987 Teaching Assistant: Statistical and Quantitative Methods (graduate level), Marital Interactions