

**PERSONAL INFORMATION**

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Citizenship: United States of America  
Permanent Residency: New Zealand

**EDUCATIONAL HISTORY**

|                        |             |   |
|------------------------|-------------|---|
| PhD                    | 1993        | University of North Carolina at Greensboro, Clinical Psychology |
| Predoctoral Internship | 1992 - 1993 | Duke University Medical Center, Clinical Psychology             |
| MA                     | 1988        | University of North Carolina at Greensboro, Clinical Psychology |
| BS with Honors         | 1983        | University of Oregon, Psychology                                |

**PROFESSIONAL LICENSURE**

|             |   |
|-------------|---|
| 2007 -      | Licensed Psychologist, State of Oregon (# 1811)   |
| 2001 - 2005 | Registered Psychologist, New Zealand (# 90-02339). License inactive.                    |
| 1998 -      | Licensed Psychologist, State of Idaho (# PSY-339)                                       |
| 1993 - 1995 | Provisional Licensed Psychologist, State of North Carolina (#102034). License inactive. |
| 1990 - 1993 | Psychological Associate, State of North Carolina (# 1408). License retired.             |

**POSITIONS AND EMPLOYMENT**

|             |   |
|-------------|---|
| 2012 -      | Research Scientist, Oregon Research Institute   |
| 2010 - 2012 | Associate Research Scientist, Oregon Research Institute   |
| 2009 - 2010 | Associate Professor of Psychology (with tenure), East Carolina University                                   |
| 2008        | Adjunct Instructor, Department of Psychology, University of Oregon  |
| 2008        | Adjunct Instructor, Department of Psychology, Oregon State University                                       |
| 2006 - 2009 | Researcher, Oregon Research Institute   |
| 2002 - 2005 | Senior Lecturer in Psychology (with tenure equivalent), University of Canterbury, Christchurch, New Zealand |
| 1999 - 2001 | Associate Professor of Psychology (with tenure), Idaho State University                                     |
| 1994 - 1999 | Assistant Professor of Psychology, Idaho State University   |

## AUTHORED AND PEER-REVIEWED BOOKS

- Farmer, R. F., & Chapman, A. L. (2016). *Behavioral interventions in cognitive behavior therapy: Practical guidance for putting theory into action (2<sup>nd</sup> ed.)*. Washington, DC: American Psychological Association.
- Farmer, R. F., & Chapman, A. L. (2008). *Behavioral interventions in cognitive behavior therapy: Practical guidance for putting theory into action*. Washington, DC: American Psychological Association. [Published in the Korean language by Hakjisa Publishing, 2013]
- Farmer, R. F., & Nelson-Gray, R. O. (2005). *Personality-guided behavior therapy*. Washington, DC: American Psychological Association. [Invited authored book]

## PEER-REVIEWED SCIENTIFIC PUBLICATIONS

- Farmer, R. F., Seeley, J. R., Kosty, D. B., & Gau, J. M. (in press). Deconstructing the heterogeneity of alcohol use disorder: Lifetime comorbid non-alcohol substance use disorder as a distinct behavioral phenotype? *Psychological Medicine*.
- Farmer, R. F., Gau, J. M., Seeley, J. R., Kosty, D. B. (2022). Family-based predictors of alcohol use disorder (AUD) recurrence and new non-alcohol substance use disorder onset following initial AUD recovery. *Journal of Studies on Alcohol and Drugs*, 83, 239-247.
- Gau, J. M., Farmer, R. F., Seeley, J. R., Klein, D. N., & Kosty, D. B. (2020). Are parental alcohol use disorder histories associated with offspring behavior problems at age 2? *Journal of Studies on Alcohol and Drugs*, 81, 511-519.
- Kosty, D. B., Farmer, R. F., Seeley, J. R., Merikangas, K. R., Klein, D. N., Gau, J. M., Duncan, S. C., & Lewinsohn, P. M. (2020). The number of biological parents with alcohol use disorder histories and risk to offspring through age 30. *Addictive Behaviors*, 102, 106196.
- Farmer, R. F., Kosty, D. B., Seeley, J. R., Gau, J. M., & Klein, D. N. (2019). Family aggregation of substance use disorders: Substance specific, nonspecific, and intrafamilial sources of risk. *Journal of Studies on Alcohol and Drugs*, 80, 462-471.
- Seeley, J. R., Farmer, R. F., Kosty, D. B., & Gau, J. M. (2019). Prevalence, incidence, recovery, and recurrence of alcohol use disorders from childhood to age 30. *Drug and Alcohol Dependence*, 194, 45-50.
- Farmer, R. F., Seeley, J. R., Gau, J. M., Klein, D. N., Merikangas, K. R., Kosty, D. B., Duncan, S. C., & Lewinsohn, P. M. (2018). Clinical features associated with an increased risk for alcohol use disorders among family members. *Psychology of Addictive Behaviors*, 32, 628-638.
- Taylor, M., Boden, J. M., Rucklidge, J. J., & Farmer, R. (2017). The function of reward sensitivity and temporal discounting in the relationship between risk and ADHD in adults. *New Zealand Journal of Psychology*, 46, 36-46.
- Farmer, R. F., Seeley, J. R., Kosty, D. B., Gau, J. M., Duncan, S. C., Sher, K. J., & Lewinsohn, P. M. (2017). No reliable evidence that emotional disorders are proximal antecedents, concomitants, or short-term consequences of first episode alcohol use disorders in a representative community sample. *Journal of Studies on Alcohol and Drugs*, 78, 222-231.

- Kosty, D. B., Seeley, J. R., Farmer, R. F., Stevens, J. J., & Lewinsohn, P. M. (2017). Trajectories of cannabis use disorder: Risk factors, clinical characteristics, and outcomes. *Addiction, 112*, 279-287.
- Farmer, R. F., Gau, J. M., Seeley, J. R., Kosty, D. B., Sher, K. J., & Lewinsohn, P. M. (2016). Internalizing and externalizing disorders as predictors of alcohol use disorder onset during three developmental periods. *Drug and Alcohol Dependence, 164*, 38-46.
- Farmer, R. F., Kosty, D. B., Seeley, J. R., Gau, J. M., Duncan, S. C., Walker, D. D., & Lewinsohn, P. M. (2016). Association of comorbid psychopathology with the duration of cannabis use disorders. *Psychology of Addictive Behaviors, 30*, 82-92.
- Farmer, R. F., Kosty, D. B., Seeley, J. R., Duncan, S. C., Lynskey, M. T., Rohde, P., Klein, D. N., & Lewinsohn, P. M. (2015). Natural course of cannabis use disorders. *Psychological Medicine, 45*, 63-72.
- Kosty, D. B., Farmer, R. F., Seeley, J. R., Gau, J. M., Duncan, S. C., & Lewinsohn, P. M. (2015). Parental transmission of risk for cannabis use disorders to offspring. *Addiction, 110*, 1110-1117.
- Farmer, R. F., Seeley, J. R., Kosty, D. B., Gau, J. M., Duncan, S. C., Lynskey, M. T., & Lewinsohn, P. M. (2015). Internalizing and externalizing psychopathology as predictors of cannabis use disorder onset during adolescence and early adulthood. *Psychology of Addictive Behaviors, 29*, 541-551.
- Duncan, S. C., Gau, J. M., Farmer, R. F., Seeley, J. R., Kosty, D. B., & Lewinsohn, P. M. (2015). Comorbidity and temporal relations of alcohol and cannabis use disorders from youth through adulthood. *Drug and Alcohol Dependence, 149*, 80-86.
- Somer, O., Bildik, T., Kabukçu-Başay, B., Güngör, D., Başay, Ö, & Farmer, R. F. (2015). Prevalence of non-suicidal self-injury and distinct groups of self-injurers in a community sample of adolescents. *Social Psychiatry and Psychiatric Epidemiology, 50*, 1163-1171.
- Rammstedt, B., Mutz, M., & Farmer, R. F. (2015). The answer is blowing in the wind: Weather effects on personality ratings. *European Journal of Psychological Assessment, 31*, 287-293.
- Rammstedt, B., & Farmer, R. F. (2013). The impact of acquiescence on the evaluation of personality structure. *Psychological Assessment, 25*, 1137-1145.
- Farmer, R. F., Kosty, D. B., Seeley, J. R., Olino, T. M., & Lewinsohn, P. M. (2013). Aggregation of lifetime axis I psychiatric disorders through age 30: Incidence, predictors, and associated psychosocial outcomes. *Journal of Abnormal Psychology, 122*, 573-586.
- Farmer, R. F., Seeley, J. R., Kosty, D. B., Olino, T. M. & Lewinsohn, P. M. (2013). Hierarchical organization of axis I psychiatric disorder comorbidity through age 30. *Comprehensive Psychiatry, 54*, 523-532.
- Olino, T. M., Klein, D. N., Shankman, S. A., Seeley, J. R., Pettit, J. W., Farmer, R. F., & Lewinsohn, P. M. (2012). Lifetime rates of psychopathology in single versus multiple diagnostic assessments: Comparison in a community sample of probands and siblings. *Journal of Psychiatric Research, 46*, 1217-1222.

- Olino, T. M., Klein, D. N., Farmer, R. F., Seeley, J. R., & Lewinsohn, P. M. (2012). Examination of the structure of psychopathology using latent class analysis. *Comprehensive Psychiatry*, *53*, 323-332.
- Duncan, S. C., Seeley, J. R., Gau, J. M., Strycker, L. A., & Farmer, R. F. (2012). A latent growth model of adolescent physical activity as a function of depressive symptoms. *Mental Health and Physical Activity*, *5*, 57-65.
- Farmer, R. F., & Chapman, A. L. (2012). Mood-congruent thoughts and personality disorder pathology. *Personality and Individual Differences*, *52*, 274-279.
- Seeley, J. R., Kosty, D. B., Farmer, R. F., & Lewinsohn, P. M. (2011). The modeling of internalizing disorders on the basis of patterns of lifetime comorbidity: Associations with psychosocial functioning and psychiatric disorders among first-degree relatives. *Journal of Abnormal Psychology*, *120*, 308-321.
- Farmer, R. F., Seeley, J. R., Kosty, D. B., & Lewinsohn, P. M. (2009). Refinements in the hierarchical structure of externalizing psychiatric disorders: Patterns of lifetime liability from mid-adolescence through early adulthood. *Journal of Abnormal Psychology*, *118*, 699-710.
- Farmer, R. F., & Golden, J. A. (2009). The forms and functions of impulsive actions: Implications for behavioral assessment and therapy. *International Journal of Behavioral Consultation and Therapy*, *5*, 12-30. [Invited manuscript].
- Farmer, R. F., & Seeley, J. R. (2009). Temperament and character predictors of depressed mood over a 4-year interval. *Depression and Anxiety*, *26*, 371-381.
- Farmer, R. F., & Goldberg, L. R. (2008). A psychometric evaluation of the revised Temperament and Character Inventory (TCI-R) and the TCI-140. *Psychological Assessment*, *20*, 281-291.
- Farmer, R. F., & Goldberg, L. R. (2008). Brain modules, personality layers, planes of being, spiral structures, and the equally implausible distinction between TCI-R “temperament” and “character” scales: A reply to Cloninger. *Psychological Assessment*, *20*, 300-304. [Invited reply to commentary]
- Farmer, R. F., Whitehead, K. A., & Woolcock, C. M. (2007). Temperament, executive functions, and the allocation of attention to punishment feedback in passive avoidance learning. *Journal of Personality*, *75*, 569-593.
- Farmer, R. F., & Rucklidge, J. J. (2006). An evaluation of the response modulation hypothesis in relation to attention-deficit/hyperactivity disorder. *Journal of Abnormal Child Psychology*, *34*, 545-557.
- Gremore, T. M., Chapman, A. L., & Farmer, R. F. (2005). Passive avoidance learning as a function of behavioral inhibition and activation among female inmates. *Personality and Individual Differences*, *39*, 925-936.
- Farmer, R. F. (2005). Temperament, reward and punishment sensitivity, and clinical disorders: Implications for behavioral case formulation and therapy. *International Journal of Behavioral Consultation and Therapy*, *1*, 56-76. [Invited manuscript for inaugural issue].
- Farmer, R. F., Nash, H. M., & Dance, D. (2004). Mood patterns and variations associated with personality disorder pathology. *Comprehensive Psychiatry*, *45*, 289-303.

- Chapman, A. L., Mayer, J. L., Specht, M. W., Farmer, R. F., & Field, C. E. (2003). Passive avoidance learning as a function of Cloninger's temperament typology: An extension to male undergraduates. *Personality and Individual Differences, 35*, 1571-1584.
- Mayer, J. L., & Farmer, R. F. (2003). The development and evaluation of a new measure of dissociative activities. *Journal of Personality Assessment, 80*, 185-196. [Reproduced in part in K. Corcoran & J. Fischer (Eds.), *Measures for Clinical Practice* (4<sup>th</sup> ed., Vol. 2: Adults, pp. 658-660). New York: Oxford University Press, 2006.]
- Chapman, A. L., Gremore, T. M., & Farmer, R. F. (2003). Psychometric analysis of the Psychopathic Personality Inventory (PPI) with female inmates. *Journal of Personality Assessment, 80*, 164-172.
- Farmer, R. F., Field, C. E., Gremore, T. M., Chapman, A. L., Nash, H. M., & Mayer, J. L. (2003). Passive avoidance learning among females as a function of Cloninger's temperament typology. *Personality and Individual Differences, 34*, 983-997.
- Farmer, R. F., & Chapman, A. L. (2002). Evaluation of DSM-IV personality disorder criteria as assessed by the Structured Clinical Interview for DSM-IV Personality Disorders. *Comprehensive Psychiatry, 43*, 285-300.
- Farmer, R. F., Nash, H. M., & Field, C. E. (2001). Disordered eating behaviors and reward sensitivity. *Journal of Behavior Therapy and Experimental Psychiatry, 32*, 211-219.
- Farmer, R. F., Jarvis, L. L., Berent, M. K., & Corbett, A. (2001). Contributions to global self-esteem: The role of importance attached to self-concepts associated with the five factor model. *Journal of Research in Personality, 35*, 483-499.
- Farmer, R. F. (2000). Issues in the assessment and conceptualization of personality disorders. *Clinical Psychology Review, 20*, 823-851.
- Poppell, C. D., & Farmer, R. F. (2000). Construct validity of repression: A dimensional analysis. *Psychological Reports, 87*, 304-308
- Nelson-Gray, R. O., & Farmer, R. F. (1999). Behavioral assessment of personality disorders. *Behaviour Research and Therapy, 37*, 347-368. [Invited article]
- Farmer, R. F., & Nelson-Gray, R. O. (1999). Functional analysis and response covariation in the assessment of personality disorders: A reply to Staats and to Bissett and Hayes. *Behaviour Research and Therapy, 37*, 385-394. [Invited response to commentaries]
- Farmer, R. F. (1998). Depressive symptoms as a function of trait anxiety and impulsivity. *Journal of Clinical Psychology, 54*, 129-135.
- Farmer, R. F., & Nelson-Gray, R. O. (1995). Anxiety, impulsivity, and the anxious-fearful and erratic-dramatic personality disorders. *Journal of Research in Personality, 29*, 189-207.
- White, J. W., & Farmer, R. (1992). Research methods: How they shape views of sexual violence. *Journal of Social Issues, 48*, 45-59. [Invited article]
- Sundberg, N. D., Latkin, C. A., Farmer, R., & Saoud, J. (1991). Boredom in young adults: Gender and cultural comparisons. *Journal of Cross-Cultural Psychology, 22*, 209-223.

- Farmer, R., & Nelson-Gray, R. O. (1990). Personality disorders and depression: Hypothetical relations, empirical findings, and methodological considerations. *Clinical Psychology Review, 10*, 453-476.
- Farmer, R., & Nelson-Gray, R. O. (1990). The accuracy of counting versus estimating event frequency in behavioral assessment: The effects of behavior frequency, number of behaviors monitored, and time delay. *Behavioral Assessment, 12*, 425-442.
- Nelson-Gray, R. O., Herbert, D. L., Herbert, J. D., Farmer, R., Badawi, I., & Lin, K-N. (1990). The accuracy of frequency estimation as compared with actual counting in behavioral assessment. *Behavioral Assessment, 12*, 157-178.
- Farmer, R., & Sundberg, N. D. (1986). Boredom proneness—The development and correlates of a new scale. *Journal of Personality Assessment, 50*, 4-17. [Reproduced in part in K. Corcoran & J. Fischer (Eds.) (1994), *Measures for Clinical Practice—A Sourcebook* (Vol. 2, Adults, pp. 93-94). New York: Free Press.]

### BOOK CHAPTERS, ENCYCLOPEDIA ENTRIES, AND TEST REVIEWS

- Farmer, R. F. (2010). Review of the Differential Scales of Social Maladjustment and Emotional Disturbance. In R. A. Spies, J. F. Carlson, & K. F. Geisinger (Eds.), *Mental Measurements Yearbook* (18<sup>th</sup> ed., pp. 205-208). Lincoln, NE: Buros Institute.
- Farmer, R. F. (2010). Review of Self-Perceptions of Adults. In R. A. Spies, J. F. Carlson, & K. F. Geisinger (Eds.), *Mental Measurements Yearbook* (18<sup>th</sup> ed., pp. 518-520). Lincoln, NE: Buros Institute.
- Farmer, R. F., & Sundberg, N. D. (2010). Boredom and boredom proneness. In I. B. Weiner & W. E. Craighead (Eds.), *Corsini's encyclopedia of psychology* (4<sup>th</sup> ed., 249-250). Hoboken, NJ: Wiley.
- Farmer, R. F., & Sundberg, N. D. (2010). Biographical data. In I. B. Weiner & W. E. Craighead (Eds.), *Corsini's encyclopedia of psychology* (4<sup>th</sup> ed., 237-238). Hoboken, NJ: Wiley.
- Farmer, R. F., & Sundberg, N. D. (2010). Buffering hypothesis. In I. B. Weiner & W. E. Craighead (Eds.), *Corsini's encyclopedia of psychology* (4<sup>th</sup> ed., 259-260). Hoboken, NJ: Wiley.
- Farmer, R. F., & Sundberg, N. D. (2010). Trait psychology. In I. B. Weiner & W. E. Craighead (Eds.), *Corsini's encyclopedia of psychology* (4<sup>th</sup> ed., 1794-1795). Hoboken, NJ: Wiley.
- Farmer, R. F., & Latner, J. D. (2007). Eating disorders. In P. Sturmey (Ed.), *Functional analysis in clinical treatment* (pp. 379-402). Boston, MA: Academic Press.
- Farmer, R. F. (2005). Review of the Wellness Evaluation of Lifestyle [2004 Update]. In R. A. Spies & B. S. Plake, (Eds.), *Mental Measurements Yearbook* (16<sup>th</sup> ed., pp. 1127-1130). Lincoln, NE: Buros Institute.
- Farmer, R. F. (2001). Review of the Beck Depression Inventory-II. In J. C. Impara & B. S. Plake (Eds.), *Mental Measurements Yearbook* (14<sup>th</sup> ed., pp. 123-126). Lincoln, NE: Buros Institute.

- Farmer, R. F. (2001). Review of the Sexual Adjustment Inventory. In J. C. Impara & B. S. Plake (Eds.), *Mental Measurements Yearbook* (14th ed., pp. 1120-1122). Lincoln, NE: Buros Institute.
- Farmer, R. F. (1998). Review of the Christensen Dietary Distress Inventory. In J. C. Impara & B. S. Plake (Eds.), *Mental Measurements Yearbook* (13th ed., pp. 251-253). Lincoln, NE: Buros Institute.
- Farmer, R. F. (1998). Review of the Devereux Behavior Rating Scale-School Form. J. C. Impara & B. S. Plake (Eds.), *Mental Measurements Yearbook* (13th ed., 359-360). Lincoln, NE: Buros Institute.

## EDITORIAL SERVICE

### *Editorial Boards:*

*Archives of Scientific Psychology* (2016-2021)  
*Psychological Assessment* (2009-2018)  
*Journal of Personality Assessment* (2005-2013)  
*Journal of Research in Personality* (1998–2003)

### *Ad Hoc Reviewing:*

*Addictive Behaviors ; Alcoholism: Clinical and Experimental Research; American Psychologist; Archives of General Psychiatry; Archives of Scientific Psychology; Assessment; BMC Public Health; Canadian Journal of Behavioural Science; Clinical Psychological Science; Cognition and Emotion; Cognitive Therapy and Research; Comprehensive Psychiatry; Current Psychiatry Reviews; Depression and Anxiety; Drug and Alcohol Dependence; Early Intervention in Psychiatry; European Journal of Child and Adolescent Psychiatry; European Journal of Psychological Assessment; Evidence Based Complementary and Alternative Medicine; General Hospital Psychiatry; Harvard Review of Psychiatry; International Journal of Mental Health; Journal of Abnormal Psychology; Journal of Affective Disorders; Journal of Child Psychology and Psychiatry; Journal of Consulting and Clinical Psychology; Journal of Nervous and Mental Disease; Journal of Pediatric Neuropsychology; Journal of Personality; Journal of Personality Assessment; Journal of Personality Disorders; Journal of Research in Personality; Journal of Studies on Alcohol and Drugs; Journal of Substance Abuse Treatment; Journal of Substance Use ; Journal of Traumatic Stress; Nature Human Behaviour; Personality and Individual Differences; PloS One; Preventive Medicine; Psychiatry Research; Psychological Assessment; Psychological Medicine; Psychological Trauma: Theory, Research, and Practice; Psychology, Health & Medicine; Psychology of Addictive Behaviors; Psychosomatic Research; Social Psychiatry and Psychiatric Epidemiology; Social Science & Medicine; Spanish Journal of Psychology; Substance Use and Misuse.*

## GRANT AWARDS AND FUNDING SUPPORT

- 2019 Title: Factors Associated with the Course and Outcomes of Alcohol Use Disorders in a Cohort Sample of Adolescents followed into Early Adulthood (R01)  
Granting Foundation: NIAAA (R01AA027543)  
Principal Investigators: Richard Farmer, John Seeley
- 2016 Title: Family Transmission of Alcohol Use Disorder (AUD) Risk  
Granting Foundation: NIAAA (1R01AA023842)  
Principal Investigators: Richard Farmer, John Seeley
- 2016 Title: Development and Validation of a Diagnostic Interview Schedule to Assess Psychopathology in Youth with Intellectual Disabilities  
Granting Foundation: NIMH (1R01MH108869-01)  
Principal Investigator: B. Benson, R. Cameto, J. Seeley  
Role: Co-Investigator, subaward principal investigator
- 2012 Title: Natural Course of Cannabis Use Disorders from Childhood through Early Adulthood  
Granting Foundation: NIDA (R01DA032659)  
Principal Investigators: Richard Farmer, John Seeley
- 2012 Title: Natural Course and Developmental Trajectories of Alcohol Use Disorders  
Granting Foundation: NIAAA (R01AA020968)  
Principal Investigators: Richard Farmer, John Seeley
- 2009 Title: Start-Up Fund Award for Research in Impulsivity and Depression  
Granting Foundation: East Carolina University  
Principal Investigator: Richard Farmer
- 2004 Title: Research Assistant Grant  
Granting Foundation: Department of Psychology, University of Canterbury  
Principal Investigator: Richard Farmer
- 2002 Title: Behavioral Disinhibition among Diverse Groups  
Granting Foundation: Department of Psychology, University of Canterbury  
Principal Investigator: Richard Farmer
- 2002 Title: Passive Avoidance Learning and Neuropsychological Functioning Among Adolescents and Young Adults with Attention Deficit–Hyperactivity Disorder (ADHD)  
Granting Foundation: University of Canterbury  
Principal Investigator: Richard Farmer
- 2001 Title: Computer Grant Application  
Granting Foundation: Computer Systems Advisory Committee, Idaho State University  
Principal Investigator: Richard Farmer
- 2000 Title: Investigations into Personality Disorder Pathology  
Granting Foundation: Faculty Research Committee, Idaho State University  
Principal Investigator: Richard Farmer



## AWARDS AND RECOGNITION: RESEARCH AND TEACHING

- 2000 Who's Who Among America's Teachers
- 1998 Most Influential Professor, College of Arts and Sciences, Idaho State University
- 1994 Outstanding Dissertation Award, University of North Carolina at Greensboro
- 1987 Walter Klopfer Award, Society for Personality Assessment