

Anthony Biglan

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EDUCATION

BA	1966	University of Rochester, Rochester, NY	Psychology
MA	1968	University of Illinois, Urbana, IL	Social Psychology
PhD	1971	University of Illinois, Urbana, IL	Social Psychology
Postdoctoral	1971-72	University of Washington, Seattle	Clinical Psychology

PROFESSIONAL EXPERIENCE

2019-present	President, Values to Action
1998-present	Senior Scientist, Oregon Research Institute
1979-1998	Research Scientist, Oregon Research Institute
2005-2010	Director, Center on Early Adolescence, Oregon Research Institute, Eugene, OR
2009-2012	Co-Director, Promise Neighborhoods Research Consortium
1977-1982	Psychologist, Behavior Change Center, Springfield, Oregon
1977-1978	Research Associate, Department of Psychology, University of Oregon, Eugene
1974-1978	Assistant Professor of Psychology, University of Oregon
1973-1974	Visiting Assistant Professor of Psychology, University of Oregon
1972-1973	Postdoctoral Clinical Intern, Psychiatry Dept., University of Wisconsin, Madison
1969-1972	Research Associate/Instructor, Dept. of Psychology, University of Washington

PUBLIC SERVICE

2017-2019	Member, National Academy of Science, Engineering, and Medicine Committee on Promoting Healthy Development
2007-2008	Member, Institute of Medicine Committee on Prevention
2001-2005	Expert witness for the U.S. Department of Justice in U. S. vs. Philip Morris et al.
2005-2007	President, Society for Prevention Research
2010	Board Member, Pacific Institute for Research and Evaluation
1997-2008	Board Member, Society for Prevention Research
2000-2001	Director, Project on Multiple Problem Behaviors in Adolescence at the Center for Advanced Study in the Behavioral Sciences, Stanford, California
1998-2001	Member, Behavior Change Expert Panel, Office of National Drug Control Policy
1996-2000	Grant Reviewer, NIDA Epidemiology and Prevention Review Committee
1979-2005	Board Member, Oregon Research Institute
1990-1992	Chairman of the Board, Oregon Research Institute
1994	Chairman of the Board, Pacific Research Institute
1977-1991	Board Member, American Civil Liberties Union of Oregon
1989-1991	President, ACLU of Oregon

MAJOR RESEARCH INTERESTS

- The evolution of cultural practices
- Nurturing child and adolescent development
- Reducing greenhouse gas emissions
- Reforming capitalism so that it works for everyone

PAST RESEARCH SUPPORT

2014-2019 NIAAA Principal Investigator

1 R01 AA021726

A Multidimensional Community-Based Strategy for Preventing Underage Drinking

This project evaluates a combination of policy and social influence interventions to reduce adolescent alcohol use and its sequelae.

3 R33 DA0356470 NIDA Co-Investigator

2014-2016

Oregon's Coordinated Care Organizations Integrate Care for Drug Use Disorders

A supplement to study the implementation of drug abuse treatment in the CCOs of Oregon. This project collects data on the prevention efforts for young children of 8 CCOs.

2009-2014 NICHD Principal Investigator

1 R01 HD060922

Reducing Teacher Stress & Building a More Effective School Culture

To examine the effects of an acceptance-based intervention for reducing teacher distress and increasing schools' collegiality

2008-2013 NICHD Co-Investigator

5 R01 HD052887

Adolescent Peer Social Network Dynamics and Problem Behavior

To examine the effect of a group-randomized trial of an already funded school-level positive behavior intervention on the over-time interdependence between early adolescent problem behavior and peer group dynamics

2008-2013 NIMH Co-Investigator

R01 MH083740

Prevention of Suicidality in College Students: A Common Core Process

To evaluate and assess the impact of an acceptance and mindfulness-based intervention to prevent suicidal behavior in a randomized controlled trial with at-risk college freshman

2009-2011 NIDA Co-Principal Investigator

1 RC2 DA028946-01

Creating the scientific infrastructure for the Promise Neighborhood Initiative

The PNRC assisted high-poverty neighborhoods in identifying and implementing evidence-based practices. The Consortium consisted of teams of prominent behavioral scientists who identified programs, policies, and practices to enable high-poverty communities to ensure young people's successful development. It was a collaborative network of neighborhood and community leaders, behavioral scientists, and policymakers that united to support neighborhoods' efforts.

2006-2011

5 R01 DA019037 NIDA Co-Investigator

Implementing School Wide Positive Behavior Support in Middle Schools

This study experimentally evaluated the benefits of school-wide Positive Behavior Support (PBS) for reducing the level of in-school problem behavior, improving academic achievement, preventing the development of deviant peer groups, and reducing the prevalence of substance use and antisocial behavior.

2005-2010 1 P30 DA018760 <i>Center for Prevention of Problems in Early Adolescence</i>	NIDA	Principal Investigator
A core support center to integrate and support research projects spanning the range of research problems needed to improve prevention for early adolescence, including family, school, peer, neighborhood and community influences on substance use, antisocial behavior, depression, and high risk sexual behavior.		
2004-2009 1 R01 CA86169 <i>Randomized Trial of a State Tobacco Prevention Project</i>	NCI	Principal Investigator
To discover the effects of both tobacco control practices and individual risk factors on the prevalence of tobacco use among high school and middle school students		
2004-2009 1 R01 AA014958 <i>Reducing Youth Access to Alcohol: A Randomized Trial</i> PIRE	NIAAA	Co-Investigator
This study investigated the effects of changes in alcohol availability at the local level on consumption by young people. The processes through which changes in alcohol availability affect drinking will be empirically assessed.		
1984-2005 5 R01 CA38273 <i>Mobilizing Parents and Peers to Prevent Tobacco Use</i>	NCI	Principal Investigator
To test the mobilization of the influence of parents and peers in preventing youth tobacco use onset, by experimentally evaluating the efficacy of two prevention strategies in 40 Oregon middle schools.		
1999-2004 1 R01 DA12202 <i>Low-Cost Prevention of Conduct Disorders</i>	NIDA	Principal Investigator
To evaluate a comprehensive, inexpensive intervention to reduce early childhood conduct problems, one of the major predictors of later drug abuse		
2000-2004 1 R01 CA86169 <i>Tobacco Control Activities & Adolescent Tobacco Use</i>	NCI	Principal Investigator
To discover the effects of both tobacco control practices and individual risk factors on the prevalence of tobacco use among high school and middle school students.		
2003-2004 1 R43 HD044316 <i>Decision Support System for Youth Well-Being</i>	NICHD	Co-Investigator
To design and create a prototype Internet-based decision-support system for use by decision makers at the school, community and county level that incorporates data from the Oregon Healthy Teens and other public domain data sources related to the health and well being of youth in Lane County, Oregon.		

2002-2004

Contract #103446

State of Oregon

Co-Investigator

Enforcing Underage Drinking Laws-OHT Data Analysis

To analyze the most recent three years of underage drinking data collection by Oregon Research Institute's "Oregon Healthy Teens" research project, relating to rates of thirty day alcohol use and binge drinking in selected Oregon communities.

PUBLICATIONS

Under Review

Gordon, J. Meng, P.M., O'Hara, C.A., Purdum, B., Westling, E., Bonner, A.C., & Biglan, A. (under review). Harmful Marketing: An Overlooked Social Determinant of Health. *Pervention Science*.

2023

Biglan, A., Prinz, R., & Fishbein, D. (2023). Prevention Science and Health Equity: A Comprehensive Framework for Preventing Health Inequities and Disparities Associated with Race, Ethnicity, and Social Class. *Prevention Science*, 24(4), 602-612. doi: 10.1007/s11121-022-01482-1

Bonner, A.C., Biglan, A. & Drugan-Eppich, K. (2023). The Dismal State of Federal Funding for Experimental Evaluations of Interventions to Reduce Greenhouse Gas Emissions. *Perspect Behav Sci*, 46(1): 5-34. <https://doi.org/10.1007/s40614-021-00316-9>

2021

Bonner, A.C., Biglan, A. & Drugan-Eppich, K. (2021). The Dismal State of Federal Funding for Experimental Evaluations of Interventions to Reduce Greenhouse Gas Emissions. *Perspect Behav Sci*, <https://doi.org/10.1007/s40614-021-00316-9> [online only]

Bonner, A.C., & Biglan, A. (2021). Rebooting Behavioral Science to Reduce Greenhouse Gas Emissions. *Behav. Soc. Iss.* 30(1), 106–120. <https://doi.org/10.1007/s42822-021-00058-y>

Coyne, L. W., Gould, E. R., Grimaldi, M., Wilson, K. G., Baffuto, G., & Biglan, A. (2021). First things first: Parent psychological flexibility and self-compassion during COVID-19. *Behavior analysis in practice*, 14(4), 1092-1098. <https://doi.org/10.1007/s40617-020-00435-w>

Johansson, M., & Biglan, A. (2021). The Group Nurturance Inventory — initial psychometric evaluation using Rasch and factor analysis. *BMC Public Health* 21(1), 1454. <https://doi.org/10.1186/s12889-021-11474-5>

Biglan, A., & Johansson, M. (2021). The Nurture Consilience: A Framework for Intentional Cultural Evolution 1. In *Applied Behavior Science in Organizations* (pp. 225-243). Routledge.

2020

Biglan, A. (2020). *Rebooting capitalism: How behavioral science can forge a society that works for everyone*. Eugene, OR: Values to Action.

Biglan, A., Elfner, K., Garbacz, S. A., Komro, K., Prinz, R., Weist, M., . . . Zarling, A. (2020). A Strategic Plan for Strengthening America's Families: A Brief from the Coalition of Behavioral Science Organizations. *Clinical Child & Family Psychology Review*, 23(2): 153-175. doi: 10.1007/s10567-020-00318-0.

Biglan, A., Johansson, M., Van Ryzin, M., & Embry, D. (2020). Scaling up and scaling out: Consilience and the evolution of more nurturing societies. *Clinical Psychology Review*, 81, Article 101893. <https://doi.org/10.1016/j.cpr.2020.101893>.

Biglan, A. (2020e). How cigarette marketing killed 20 million people. *Social Pathologies Series*. Retrieved from <https://evolution-institute.org/how-cigarette-marketing-killed-20-million-people/>

- Biglan, A. (2020g). The right to sell arms. Retrieved from <https://evolution-institute.org/the-right-to-sell-arms/>
- Biglan, A. (2020d). How and why the food industry makes americans sick. *Social Pathologies Series*. Retrieved from <https://evolution-institute.org/how-and-why-the-food-industry-makes-americans-sick>
- Biglan, A. (2020a). Big pharma and the death of Americans. *Social Pathologies Series*. Retrieved from <https://evolution-institute.org/big-pharma-and-the-death-of-americans>
- Biglan, A. (2020f). How free market ideology resulted in the great recession. *Social Pathologies Series*. Retrieved from <https://evolution-institute.org/how-free-market-ideology-resulted-in-the-great-recession>
- Biglan, A. (2020c). The fossil fuel industry: The greatest threat to human wellbeing. *Social Pathologies Series*. Retrieved from <https://evolution-institute.org/the-fossil-fuel-industry-the-greatest-threat-to-human-wellbeing>
- Biglan, A. (2020b). The crisis of capitalism. *Social Pathologies Series*. Retrieved from <https://evolution-institute.org/the-crisis-of-capitalism/>

2019

- Biglan, A., & Van Ryzin, M. J. (2019). Behavioral science and the prevention of adolescent substance abuse. *Perspectives on Behavior Science*, 42(3), 547-563.
- Biglan, A., Van Ryzin, M. J., Moore, K. J., Mauricci, M., & Mannan, I. (2019). The socialization of boys and men in the modern era: An evolutionary mismatch. *Development and psychopathology*, 31(5), 1789-1799. doi: 10.1017/S0954579419001366
- Biglan, A., Van Ryzin, M., & Westling, E. (2019). A public health framework for the regulation of marketing. *Journal of public health policy*, 40(1), 66-75. doi: 10.1057/s41271-018-0154-8
- Van Ryzin, M. J., Lee, J., & Biglan, A. (2019). An Experimental Test of Reward & Reminder as a Stand-Alone Program to Prevent Alcohol Sales to Underage Youths. *Journal of child & adolescent substance abuse*, 28(1), 15-20. doi: 10.1080/1067828X.2018

2018

- Biglan, A. (2018). The ultimate goal of prevention and the larger context for translation. *Prevention Science*, 19(3), 328-336.
- Biglan, A. (2018). *Evolution and contextual behavioral science: An integrated framework for understanding, predicting, and influencing human behavior*. New Harbinger Publications.
- Van Ryzin, M. J., Fishbein, D., & Biglan, A. (2018). The promise of prevention science for addressing intergenerational poverty. *Psychology, Public Policy, and Law*, 24(1), 128. doi: 10.1037/law0000138
- Lee, J. K., Biglan, A., & Cody, C. (2018). The impact of poverty and discrimination on family interactions and problem development. In *Handbook of parenting and child development across the lifespan* (pp. 699-712). Springer, Cham.

2017

- Biglan, A. & Prinz, R. J. (2017). Progress in Nurturing Human Well-Being. *Clinical and Child Family Psychology Review*, 20, 1-2. doi: 10.1007/s10567-017-0231-8.
- Biglan, A., Van Ryzin, M. J., & Hawkins, J. D. (2017). Evolving a more nurturing society to prevent adverse childhood experiences. *Academic Pediatrics*, 17, S150–S157. [3,5,6] doi: 10.1016/j.acap.2017
- Paschall, M. J., Grube, J. W., & Biglan, A. (2017). Medical Marijuana Legalization and Marijuana Use

among Youth in Oregon. *The Journal of Primary Prevention*, 1-13. doi: 10.1007/s10935-017-0476-5

Van Ryzin, M. J., Fishbein, D., & Biglan, A. (2017, July 20). The Promise of Prevention Science for Addressing Intergenerational Poverty. *Psychology, Advance online publication*.
<http://dx.doi.org/10.1037/law0000138>

2016

Alavosius, M. P., Newsome, W. D., Houmanfar, R., & Biglan, A. (2016). A functional contextualist analysis of the behavior and organizational practices relevant to climate change. *Handbook of contextual behavior science*. New York, NY: Wiley & Sons.

Biglan, A. (2016). The need for a more effective science of cultural practices. *The Behavior Analyst*, 39(1), 97-107.

Biglan, A. (2016). The ultimate goal of prevention and the larger context for translation. *Prevention Science*, 1-9. doi:10.1007/s11121-016-0635-6

Biglan, A. (2016). Extending the CBS tradition: a functional contextualist approach to cultural evolution (Introduction to Part 4). In R. Zettle, S. C. Hayes, A. Biglan, & D. Barnes-Holmes (Eds.), *The Wiley handbook of contextual behavioral science*. New York, NY: Wiley & Sons.

Biglan, A., & Barnes-Holmes, Y. (2016). Acting in light of the future: how do future-oriented cultural practices evolve and how can we accelerate their evolution? *Journal of Contextual Behavioral Science*, doi:10.1016/j.jcbs.2015.06.002.

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Biglan, A., Lee, J., & Cody, C. (2016). The evolution of capitalism. In R. Zettle, S. C. Hayes, A. Biglan, & D. Barnes-Holmes (Eds.), *The Wiley handbook of contextual behavioral science* (Chapter 24). New York, NY: Wiley & Sons.

Biglan, A., & Levin, M. E. (2016). Contextual analysis and the success of translational research. In D. Fishbein (Ed.), "The full spectrum of translational prevention science," special issue of *Translational Behavioral Medicine*, 483.

Levin, M., Lillis, J., & Biglan, A. (2016). The potential of community-wide strategies for promoting psychological flexibility. In R. Zettle, S. C. Hayes, A. Biglan, & D. Barnes-Holmes (Eds.), *The Wiley handbook of contextual behavioral science* (Chapter 23). New York, NY: Wiley & Sons.

Zettle, R., Hayes, S. C., Biglan, A., & Barnes-Holmes, D., Editors. (2016). *The Wiley handbook of contextual behavioral science*. New York, NY: Wiley & Sons.

2015

Biglan, A., Flay, B. R., & Wagenaar, A. C. (2015). Commentary on the 2015 SPR Standards of Evidence. *Prevention Science*. Published online DOI 10.1007/s11121-015-0582-7.

Biglan, A. (2015). *The nurture effect: how the science of human behavior can improve our lives and our world*. Oakland, CA US: New Harbinger Publications.

Biglan, A., Gau, J. M., Jones, L. B., Hinds, E., Rusby, J. C., Cody, C., & Sprague, J. (2015). The role of experiential avoidance in the relationship between family conflict and depression among early adolescents. *Journal of Contextual Behavioral Science*, 4(1), 30-36.

Hinds, E., Jones, L. B., Gau, J. M., Forrester, K. K., & Biglan, A. (2015). Teacher distress and the role of experiential avoidance. *Psychology in the Schools*, 52, 284-297.

2014

- Biglan, A. (2014). Comments on Dr. Foxcroft's classification system. *Prevention Science, 16*, 823-824.
- Wilson, D. S., Hayes, S. C., Biglan, A., & Embry, D. D. (2014a). Evolving the future: toward a science of intentional change. *Behavioral and Brain Sciences, 37*, 395-416.
- Wilson, D. S., Hayes, S. C., Biglan, T., & Embry, D. (2014b). Collaborating on evolving the future. *Behavioural and Brain Sciences, 37*, 438 – 460 (response to commentaries).

2013

- Biglan, A., & Cody, C. (2013). Integrating the human sciences to evolve effective policies. *Journal of Economic Behavior & Organization, 90S*, S152-S162.
- Biglan, A. & Embry, D.D. (2013). A framework for intentional cultural change. *Journal of Contextual Behavioral Science, 2*, 95-104.
- Biglan, A., & Glenn, S. S. (2013). Toward prosocial behavior and environments: Behavioral and cultural contingencies in a public health framework. In G. J. Madden, W. V. Dube, T. D. Hackenberg, G. P. Hanley, & K. A. Lattal (Eds.), *APA handbook of behavior analysis, Vol. 2: Translating principles into practice* (pp. 255-275). Washington, DC: American Psychological Association.
- Biglan, A., Layton, G. L., Jones, L. B., Hankins, M., & Rusby, J. C. (2013). The value of workshops on psychological flexibility for early childhood special education staff. *Topics in Early Childhood Special Education, 32*, 196-210.
- Flewelling, R.L., Grube, J.W., Paschall, M.J., Biglan, A., Kraft, A., Black, C., Hanley, S., Ringwalt, C., Wiesen, C., & Ruscoe, J. (2013). Reducing youth access to alcohol: Findings from a community-based randomized trial. *American Journal of Community Psychology, 51*(1-2), 264-277.

2012

- Biglan, A., Flay, B., Embry, D. D., & Sandler, I. (2012). Nurturing environments and the next generation of prevention research and practice. Special issue of *American Psychologist, 67*, 257-271.
- Levin, M.E., Lillis, J., Seeley, J., Hayes, S.C., Pistorello, J., & Biglan, A. (2012). Exploring the relationship between Experiential Avoidance, alcohol use disorders, and alcohol-related problems among first-year college students. *Journal of American College Health, 60*, 443-448.

2011

- Biglan, A. (2011). Corporate externalities: A challenge to the further success of prevention science. *Prevention Science, 12*, 1-11.
- Biglan, A., & Fishbein, D.H. (2011). Implications for translational prevention research: Science, policy, and advocacy. In M.T. Bardo, D. H. Fishbein, & R. S. Milich (Eds.), *Inhibitory control and drug abuse prevention: From research to translation*. New York: Springer.
- Komro, K.A., Flay, B.R., Biglan, A., & The Promise Neighborhoods Research Consortium (2011). Creating nurturing environments: a science-based framework for promoting child health and development within high-poverty neighborhoods. *Clinical Child and Family Review, 14*, 111-134.
- Pechmann, C., Biglan, A., Grube, J., & Cody, C. (2011). Transformative consumer research for addressing tobacco and alcohol consumption. In D. G. Mick, S. Pettigrew, C. Pechmann, & J. L.

Ozanne (Eds.), *Transformative consumer research for personal and collective well-being* (pp. 353-389). New York: Routledge.

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2010

Biglan, A., Hinds, E., & Cody, C. (2010). Building healthy communities to promote successful development. In M.R. Shinn, & H.M. Walker (Eds.), *Interventions for achievement and behavior problems in a three-tier model including RTI* (pp. 79-100). Bethesda, MD: National Association of School Psychologists. (Invited chapter)

2009

Biglan, A. (2009). The role of advocacy organizations in reducing negative externalities. *Journal of Organizational Behavioral Management, 29*, 1-16.

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Pizacani, B.A., Dent, C.W., Maher, J.E., Rohde, K., Stark, M.J., Biglan, A., & Thompson, J. (2009). Smoking patterns in Oregon youth: Effects of funding and defunding of a comprehensive tobacco control program. *Journal of Adolescent Health, 44*, 229-236.

2008

Biglan, A., Hayes, S. C., & Pistorello, J. (2008). Acceptance and commitment: Implications for prevention science. *Prevention Science, 9*, 139-152.

Biglan, A. & Ogden, T. (2008). The evolution of evidence-based practices. *European Journal of Behavior Analysis, 9*, 81-95.

Embry, D.D. & Biglan, A. (2008). Evidence-based kernels: Fundamental units of behavioral influence. *Clinical Child and Family Psychology, 11*(3), 77-113.

Gordon, J., Biglan, A., & Smolkowski, K. (2008). The impact on tobacco use of branded youth anti-tobacco activities and family communications about tobacco. *Prevention Science, 9*, 73-87. Available online at <http://www.springerlink.com/content/b2r7420w4qk6137n/>

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- National Cancer Institute (2008). *The role of the media in promoting and reducing tobacco use (NCI Tobacco Control Monograph 19)*. Washington, DC: National Institutes of Health (Contributing author).
- 2007**
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- 2005**
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2004

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Dent, C. & Biglan, A. (2004). Relation between access to tobacco and adolescent smoking. *Tobacco Control*, 13(4), 334-338.

Mrazek, P., Biglan, A., & Hawkins, J.D. (2004). *Community-monitoring systems: Tracking and improving the well-being of America's children and adolescents*. Falls Church, VA: Society for Prevention Research. Accessed electronically at <http://www.preventionresearch.org>.

2003

Biglan, A. (2003). Selection by consequences. *Prevention Science*, 4(4), 213-232.

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